

1	Martainn Ramsay	EAC	15.35	1st M
2	Robbie Kennedy	Lothian RC	15.42	2nd M
3	Scott Fraser	HBT	16.06	3rd M
4	Greg Templeton	Bellahouston Harriers	16.15	4th M
5	Alex Hinchcliffe	Vegan Runners	16.30	5th M
6	Stuart Johnston	EAC	16.52	6th M
7	Calum Phillip	Stirling Uni	16.56	7th M
8	Michael McCartney	Bingley Harriers	17.18	
9	Declan Murray	U/A	17.19	
10	Andrew Thomson	PH Racing Club	17.21	
11	Theo Van Wynsberghe	U/A	17.26	
12	Ryan Kirkland	Lothian RC	17.28	
13	Nairn McWilliams	EAC	17.36	
14	Phil Buckley	Harmeny	17.46	
15	Gavin Smith	HBT	17.58	
16	Charlie Cameron	CAAC	17.59	
17	Robbie Anderson	Team East Lothian	18.00	
18	Kara Tait	Kilmarnock AC	18.26	
19	Mike Jones	Musselburgh AC	18.32	
20	Derek Newport	Penicuik Harriers	18.39	1st MV50
21	Amelia Pettitt	Vale Royal AC	18.40	2nd F
22	Sean Eng	EAC	18.49	
23	Alistair Sarahs	U/A	18.50	
24	Brian Hughes	Cambuslang	18.50	1st MV60
25	Andy Sims	HBT	18.59	
26	Andrew Latham	EAC	19.06	2nd MV50
27	Christopher Smeaton	Edinburgh Running Network	19.07	
28	Andrew McGlone	Lasswade	19.09	3rd MV50
29	Elizabeth Leason	Carnethy	19.12	3rd F
30	David Alexander	Harmeny	19.13	MV50
31	Bryce Aitken	Fife AC	19.13	MV60
32	Malcolm Parry	EAC	19.23	
33	Alan Cameron	CAAC	19.27	
34	Janet Dunbar	EAC	19.34	1st LV50
35	Mark Rhynes	HBT	19.42	
36	Peter Graham	EAC	19.43	
37	Graeme Gemmell	Bellahouston Harriers	19.45	MV50
38	Liam Kemp	Derwent Runners	19.45	
39	Paul Forbes	EAC	19.52	MV60
40	Calum Malloy	U/A	19.58	
41	Nick Ruane	Jogscotland	20.03	
42	Andrew Ross	Harmeny	20.07	MV50
43	Yuri Goruppa	Glasgow Uni H&H	20.11	
44	John Hynd	Carnegie Harriers	20.12	MV50
45	John Brown	U/A	20.16	MV50
46	Alistair Hindle	HBT	20.35	
47	David Surtees	Musselburgh AC	20.42	
48	George Ashley	HBT	20.45	
49	Martin Veale	U/A	20.47	MV60
50	Keith Martin	Harmeny	20.57	MV50
51	Rachel Cline	U/A	21.02	4th F
52	Cat Magill	HBT	21.22	5th F

53	Ian Beattie	Harmeny	21.34	MV50
54	Emily Ramsay	EAC	22.07	6th F
55	Eric Stevenson	EAC	22.15	MV60
56	Amy Jennings	HBT	22.20	7th F
57	Seona Burnett	Harmeny	22.23	2nd FV50
58	Roisin Donoghue	U/A	22.25	F
59	Stephanie Magill	HBT	22.25	F
60	Alec Chalmers	U/A	22.32	MV50
61	Andy Fyfe	U/A	22.32	MV50
62	Jenni Owens	Portobello	22.39	F
63	Liz Cox	U/A	22.40	F
64	Alex MacEwen	EAC	22.43	MV60
65	Frances Wood	Linlithgow	22.50	1st FV60
66	Susan Ross	Harmeny	22.54	3rd FV50
67	Claire Gilchrist	Ferranti	23.03	FV50
68	Simon Wilson	HBT	23.10	
69	Sandra Aitken	Fife AC	23.15	FV50
70	Alison Arnold	Ferranti	23.23	F
71	Ryan Mack	U/A	23.26	
72	Euan Haggerty	U/A	23.36	
73	Sharyn Ramage	EAC	23.53	FV50
74	Habeeb Atanda	Race Fitness	24.05	
75	Fiona Strachan	U/A	24.47	FV50
76	Doreen Kimenai	U/A	24.47	F
77	Phil Godfrey	U/A	25.05	MV50
78	Murray Thomson	U/A	25.53	MV50
79	Hazel Darwin-Clements	HBT	26.10	F
80	Gerry Clement	Ferranti	26.32	1st MV70
81	Pat Hampton	Harmeny	28.38	1st FV70
82	Robin Thomas	HBT	28.58	MV60
83	Ian Hall	EAC	29.55	MV50
84	Philip Jones	U/A	30.15	