

# Self-Transcendence 10M

Organised by Sri Chinmoy AC

Battersea Park, London

28th February 2015



## WINNERS

RANK	FIRST NAME	SURNAME	CLUB	TIME	M/F	AGE
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### Men U/50

1	Martin	Dematteis		51.40	M	28
2	Abdi	Madar	HHH	54.56	M	33
3	Matthew	Sharp	Hercules Wimbledon	55.14	M	35
4	Mohammed	Ismail	HHH	55.43	M	34
5	Peter	Lighting	Kent AC	56.04	M	34
6	James	Gordon	Cambridge harriers	56.28	M	38
7	Andy	Hamilton		57.01	M	32

### Women U/50

1	Isobel	Everest	Biggleswade	67.21	F	42
2	Isobel	Rea	West4 Harriers	68.30	F	38
3	Bernadette	van Wijk	Serpentine RC	69.16	F	29
4	Gabriela	De la Cerda		69.21	F	38
5	Alice	Whiley	Clapham Chasers	69.34	F	23
6	Maryann	Devally	Serpentine RC	69.56	F	45
7	Susanne	Zibung	Serpentine	70.43	F	28

### Men Vet 50

1	Tony	Tuohy	Dulwich Runners AC	58.51	M	52
2	David	Child	Kent AC	62.11	M	55
3	Michael	Stainton	Serpentine	62.53	M	54

### Women Vet 50

1	Lesley	Levison	Hillingdon Triathletes	86.07	F	51
2	Karin	Courtman	Dulwich Park Runners	119.02	F	55
3						

### Men Vet 60

1	Bruce	Grimley	Huntingdon AC	67.18	M	60
2	John	Haines	Biggleswade	68.18	M	60

### Women Vet 60

1	Marion	Rayner	West 4 H	81.09	F	65
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**ALL RESULTS BELOW**

## RESULTS

RANK	NAME	SURNAME	CLUB	TIME	M/F	AGE	CATEGORY	CAT POS
1	Martin	Dematteis		51.40	M	28	M U/50	1
2	Abdi	Madar	HHH	54.56	M	33	M U/50	2
3	Matthew	Sharp	Hercules Wimbledon	55.14	M	35	M U/50	3
4	Mohammed	Ismail	HHH	55.43	M	34	M U/50	4
5	Peter	Lighting	Kent AC	56.04	M	34	M U/50	5
6	James	Gordon	Cambridge harriers	56.28	M	38	M U/50	6
7	Andy	Hamilton		57.01	M	32	M U/50	7
8	James	Ellis	Clapham Chasers	57.16	M	35	M U/50	8
9	David	Grima	Hercules Wimbledon AC	57.18	M	36	M U/50	9
10	Michael	Leong	Clapham Chasers	57.18	M	34	M U/50	10
11	Ryan	McCrickerd	London Heathside Runn	57.50	M	26	M U/50	11
12	David	Evans	Serpentine	58.03	M	25	M U/50	12
13	Peter	Holmes	Serpentine	58.27	M	36	M U/50	13
14	Johnny	Suttle		58.30	M	27	M U/50	14
15	Steve	Hodges		58.35	M	31	M U/50	15
16	Richard	Taylor	Serpentine	58.43	M	38	M U/50	16
17	Paul	Davies	Biggleswade	58.47	M	45	M U/50	17
18	Tony	Tuohy	Dulwich Runners AC	58.51	M	52	M O/50	1
19	George	Longworth	Hercules Wimbledon	59.19	M	27	M U/50	18
20	John	McSeveny	Victoria Park Harriers &	59.35	M	29	M U/50	19
21	Brian	O'Keeffe	Serpentine Running Clu	60.16	M	34	M U/50	20
22	Tim	Muir	Queen's Park Harriers	60.35	M	39	M U/50	21
23	Samuel	Thompson	London Heathside AC	60.51	M	26	M U/50	22
24	David	Child	Kent AC	62.11	M	55	M O/50	2
25	Michael	Wiggins		62.12	M	37	M U/50	23
26	Joel	Wiles	Epsom Oddballs RC	62.15	M	33	M U/50	24
27	Christian	Nielsen	Thames Valley Harriers	62.43	M	39	M U/50	25
28	Martin	Carmack	Serpentine	62.45	M	45	M U/50	26
29	Michael	Stainton	Serpentine	62.53	M	54	M O/50	3
30	Paul	Oxley	Belgrave Harriers	63.00	M	30	M U/50	27
31	Jason	Maloney	Trent Park	63.04	M	43	M U/50	28
32	Stephen	Thackeray	Kent AC	63.29	M	36	M U/50	29
33	mark	rose		63.35	M	36	M U/50	30
34	Oliver	Dean		64.09	M	34	M U/50	31
35	Matthew	Birch	Clapham Chasers	64.21	M	28	M U/50	32
36	Paul	Cooke	Biggleswade	64.51	M	38	M U/50	33
37	Paul	Lacey	Clapham Chasers	65.23	M	30	M U/50	34
38	Robert	Wilcox		65.31	M	23	M U/50	35
39	David	Da Silva Pere	London City Runners	65.40	M	33	M U/50	36
40	S	Gill	Altingham	65.41	M	25	M U/50	37
41	Frank	Wood	Hercules Wimbledon	66.33	M	50	M O/50	4
42	Chris	Morton	Striders of Croydon	66.36	M	50	M O/50	5

43	Joao	Diogo	Queen's Park Harriers	66.42	M	44	M U/50	38
44	Ross	McLeod	Clapham Chasers	67.08	M	37	M U/50	39
45	Gary	Robinson	West 4 Harriers	67.11	M	40	M U/50	40
46	Martin	Quinn		67.13	M	50	M O/50	6
47	Marco	Mion	Sevenoaks AC	67.16	M	32	M U/50	41
48	Bruce	Grimley	Huntingdon athletics club	67.18	M	60	M O/60	1
49	Isobel	Everest	Biggleswade	67.21	F	42	W U/50	1
50	Roger	Beardsworth		67.24	M	54	M O/50	7
51	Andrew	Milne	Clapham Chasers	67.47	M	32	M U/50	42
52	Damian	Ings	Clapham Runners	67.50	M	41	M U/50	43
53	Ian	Grant	Kent AC	67.56	M	35	M U/50	44
54	Daniel	Johnson	Epsom & Ewell	68.05	M	45	M U/50	45
55	Alex	Malzer	Serpentine	68.14	M	45	M U/50	46
56	Niall	Gaughan		68.15	M	33	M U/50	47
57	Cameron	Yorston	Clapham Chasers	68.16	M	29	M U/50	48
58	JOHN	HAINES	BIGGLESWADE AC	68.18	M	60	M O/60	2
59	Brendan	Greene	Serpentine	68.20	M	42	M U/50	49
60	Isobel	Rea	West4 Harriers	68.30	F	38	W U/50	2
61	Pierre	Papet		68.46	M	25	M U/50	50
62	Darryl	Coulter	Kent AC	68.53	M	43	M U/50	51
63	David	Cull	Serpentine	68.57	M	33	M U/50	52
64	Jamie	Young		69.10	M	27	M U/50	53
65	Bernadette	van Wijk	Serpentine RC	69.16	F	29	W U/50	3
66	Guy	Barnard		69.19	M	33	M U/50	54
67	Gabriela	De la Cerda		69.21	F	38	W U/50	4
68	Rob	Ellis	Serpentine AC	69.28	M	21	M U/50	55
69	Doug	Teesdale		69.31	M	53	M O/50	8
70	Ivano	Maggiulli		69.31	M	32	M U/50	56
71	Alice	Whiley	Clapham Chasers	69.34	F	23	W U/50	5
72	Maryann	Devally	Serpentine RC	69.56	F	45	W U/50	6
73	DIARMUID	MAC DONNE	Barking Road Runners	70.03	M	43	M U/50	57
74	Wayne	Giddens	Elmbridge Road Runner	70.32	M	44	M U/50	58
75	Chris	Scott		70.42	M	40	M U/50	59
76	Susanne	Zibung	Serpentine	70.43	F	28	W U/50	7
77	David	McLaughlin	Queen's Park Harriers	70.49	M	43	M U/50	60
78	Charles	Craven	Fulham RC	71.03	M	52	M O/50	9
79	David	Hawley		71.09	M	30	M U/50	61
80	Niels	Rock		71.51	M	39	M U/50	62
81	Chris	Watt		72.05	M	43	M U/50	63
82	Kirsty	Wright	Serpentine	72.25	F	33	W U/50	8
83	Rob	Ferguson	Thames Valley Harriers	72.28	M	32	M U/50	64
84	Jonathan	Ackroyd		72.37	M	26	M U/50	65
85	Hugh	Scorgie		72.42	M	55	M O/50	10
86	Russell	Morris		72.50	M	36	M U/50	66
87	Richard	James		73.36	M	42	M U/50	67
88	Conor	Garland		74.05	M	31	M U/50	68

89	bryan	lynch		74.16	M	45	M U/50	69
90	Max	Prien		74.33	M	29	M U/50	70
91	Aileen	Hooper	Clapham Chasers	74.37	F	31	W U/50	9
92	Martin	Brookes		74.52	M	48	M U/50	71
93	Jonathan	Hunot		74.52	M	32	M U/50	72
94	Oliver	Steele		75.11	M	31	M U/50	73
95	Mark	Sitch		75.19	M	46	M U/50	74
96	David	Lindfield		75.44	M	36	M U/50	75
97	Diana	Kreica	Clapham Chasers	75.52	F	29	W U/50	10
98	Matthew	Ladds	Dulwich Runners AC	76.34	M	28	M U/50	76
99	Stephanie	Davies		76.36	F	25	W U/50	11
100	Richard	Setters		76.52	M	29	M U/50	77
101	Kristian	Tapaninaho		76.52	M	34	M U/50	78
102	David	Linberry		77.44	M	33	M U/50	79
103	Helen	Linberry		78.08	F	30	W U/50	12
104	Chas	Rayner	West 4 H	78.15	M	64	M O/60	3
105	Terry	Avey	Brighton Phoenix	78.40	M	64	M O/60	4
106	Dale	Holmes		79.06	M	32	M U/50	80
107	jon	powell		79.12	M	30	M U/50	81
108	Antony	Leckerman	Barking Road Runners	79.18	M	51	M O/50	11
109	Anna	Barnard		79.39	F	29	W U/50	13
110	Sonia	Mendonca		79.54	F	35	W U/50	14
111	Ben	Howarth		79.58	M	30	M U/50	82
112	Laura	Ellis	BearCat Running Club	80.11	F	31	W U/50	15
113	Alex	Baez		80.20	M	21	M U/50	83
114	Ruth	Calder Murphy		81.00	F	40	W U/50	16
115	Marion	Rayner	West 4 H	81.09	F	65	W O/60	1
116	Callum	Davis		81.11	M	24	M U/50	84
117	John	Levison	Hillingdon Triathletes	81.20	M	43	M U/50	85
118	Fran	Niven		81.22	F	29	W U/50	17
119	Anne-Marie	Benoy	Serpentine	81.27	F	25	W U/50	18
120	Ilona	Kriauzaitė	Ealing Eagles Running Club	81.32	F	31	W U/50	19
121	Jean-luc	Hoez	serpentine running club	82.08	M	57	M O/50	12
122	Giles	Munroe-Faure		82.32	M	27	M U/50	86
123	Julian	Tozer		82.40	M	33	M U/50	87
124	Paul	Lehmann		82.43	M	41	M U/50	88
125	Tara	Psculu		83.44	F	47	W U/50	20
126	Liz	Wickham		84.00	F	31	W U/50	21
127	Alice	Parker		85.34	F	27	W U/50	22
128	Jessica	Vinluan	London Heathside Runners	85.49	F	34	W U/50	23
129	Zora	Kostadinova		85.50	F	35	W U/50	24
130	Kimberli	Butler	Dulwich Park Runners	86.02	F	27	W U/50	25
131	Lesley	Levison	Hillingdon Triathletes	86.07	F	51	W O/50	1
132	John	Grigg	Fulham Running Club	86.19	M	60	M O/60	5
133	Harriet	Boulding		87.52	F	23	W U/50	26
134	Danielle	Howe		88.04	F	26	W U/50	27

135	Hannah	Moody		88.29	F	22	W U/50	28
136	Jeanette	Mueller	Serpentine	89.33	F	47	W U/50	29
137	David	King	Victoria Park Harriers	91.39	M	31	M U/50	89
138	Erika	Attovics		91.44	F	40	W U/50	30
139	Laura	Maroney		92.45	F	20	W U/50	31
140	Silvia	Pinheiro		92.52	F	30	W U/50	32
141	Heather	Welham	Serpentine Running Clu	93.50	F	34	W U/50	33
142	Chris	Moran		94.08	M	30	M U/50	90
143	Areej	Shabaa		94.28	F	29	W U/50	34
144	Nneka	Ikejiani		95.02	F	44	W U/50	35
145	Hannah	Lacey	Clapham Chasers	95.13	F	25	W U/50	36
146	Anna	Donovan		96.27	F	36	W U/50	37
147	Louise	Hayes		96.27	F	41	W U/50	38
148	Rajaa	Flasseur		96.30	F	39	W U/50	39
149	David	Ridley	Maidenhead AC	97.19	M	59	M O/50	13
150	Sophie	Shaul		97.22	F	25	W U/50	40
151	Tamsin	Burland	Ranelagh Harriers	99.10	F	45	W U/50	41
152	Scott Robert	Fowler	Serpentine	100.50	M	48	M U/50	91
153	Dominic	Williams		109.42	M	36	M U/50	92
154	Stephen	Brindle		115.05	M	45	M U/50	93
155	Karin	Courtman	Dulwich Park Runners	119.02	F	55	W O/50	2
156	Melis	Kip		129.41	F	26	W U/50	42

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Should you have any queries then please contact Gavin Lightwood  
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