

Sri Chinmoy 5K Race

Battersea Park, London

12th July 2021

SILVER STARLING 5K



**SRI CHINMOY
MARATHON TEAM**



Run and Become
www.runandbecome.com

WINNERS						
RANK	NAME	SURNAME	CLUB	M F	TIME	AGE
Men U/50						
1	Elias	Ahmed	Ealing Southall & Middlesex AC	Male	15:15	19
2	Ben	Howe	London City Athletics Club	Male	15:36	32
3	Benjamin	Tolputt	Serpentine	Male	15:53	31
4	Danny	Brewer	Highgate Harriers	Male	15:56	32
5	Andres	Chau	Highgate Harriers	Male	15:56	25
6	Angus	Butler	Herne Hill Harriers	Male	15:58	28
7	Andy	Bond	Dulwich runners	Male	16:06	47
Women U/50						
1	Philippa	Bowden	Aldershot & Farnham district	Female	16:35	26
2	Ruby	Woolfe	Thames Hare and Hounds	Female	17:03	26
3	Hannah	Wells	Hillingdon athletic club	Female	19:08	28
4	Charlotte	Svenson	Fulham Running Club	Female	19:37	36
5	Mary	Cormack	London Frontrunners	Female	19:47	35
6	Alice	Williams	Dulwich runners ac	Female	20:10	36
7	Jennifer	Wing	London Heathside	Female	20:39	29
Men Vet 50						
1	Peter	Mannion	Windle Valley Runners	Male	18:45	59
2	David	Mason		Male	18:55	51
3	Philip	Hogg	London Heathside	Male	19:05	51
Women Vet 50						
1	Ruth	Hutton	South London harriers	Female	21:20	56
2	Julie	Barclay	British Airways AC	Female	22:27	58
3	Elaine	Battson	Victoria Park & Tower Hamlets AC	Female	24:17	55
Men Vet 60						
1	Chris	Smith	London Frontrunners	Male	21:36	61
2	Ian	Wimsett	Ealing Eagles Running Club	Male	21:53	63
Women Vet 60						
1	Liz	Killip	The Stragglers RC	Female	19:47	60
2	Michele	Coe-o'brien	South London harriers	Female	23:32	60
Men Vet 70						
1	John	Quaintance	South London harriers	Male	22:45	72

ALL RESULTS BELOW

RESULTS								
RANK	NAME	SURNAME	CLUB	M F	TIME	AGE	CATEGORY	CAT. POS.
1	Elias	Ahmed	Ealing Southall & Middlesex AC	Male	15:15	19	MU/50	1
2	Ben	Howe	London City Athletics Club	Male	15:36	32	MU/50	2
3	Benjamin	Tolputt	Serpentine	Male	15:53	31	MU/50	3

4	Danny	Brewer	Highgate Harriers	Male	15:56	32	MU/50	4
5	Andres	Chau	Highgate Harriers	Male	15:56	25	MU/50	5
6	Angus	Butler	Herne Hill Harriers	Male	15:58	28	MU/50	6
7	Andy	Bond	Dulwich runners	Male	16:06	47	MU/50	7
8	Thomas	Drayton	Hercules Wimbledon	Male	16:07	21	MU/50	8
9	Ross	Brown	Herne Hill Harriers	Male	16:19	33	MU/50	9
10	Simon	Egan	Woking AC	Male	16:31	49	MU/50	10
11	Fintan	Parkinson	Blackheath & Bromley	Male	16:32	42	MU/50	11
12	Kieran	White	Hercules Wimbledon	Male	16:33	45	MU/50	12
13	Christopher	Tsantoulas	Serpentine Rc	Male	16:33	41	MU/50	13
14	Philippa	Bowden	Aldershot & Farnham district	Female	16:35	26	WU/50	1
15	Russ	Ashford	Highgate Harriers	Male	16:37	37	MU/50	14
16	Dariusz	Kabulski	Victoria Park & Tower Hamlets AC	Male	16:37	29	MU/50	15
17	STEPHEN	MCLEOD	Fulham Running Club	Male	16:38	32	MU/50	16
18	Fred	Bungay	dulwich runners ac	Male	16:39	29	MU/50	17
19	Gary	James		Male	16:44	43	MU/50	18
20	David	Sharman	Wimbledon Windmilers	Male	16:45	36	MU/50	19
21	Ruby	Woolfe	Thames Hare and Hounds	Female	17:03	26	WU/50	2
22	Peter	Woodridge	Serpentine Rc	Male	17:05	33	MU/50	20
23	Luke	Frizoni	Clapham Chasers	Male	17:10	33	MU/50	21
24	Dmitrij	Savickij	Greenwich Tritons	Male	17:11	34	MU/50	22
25	Adam	Westbury	Herne Hill Harriers	Male	17:11	29	MU/50	23
26	Oliver	Daniel	Belgrave Harriers	Male	17:12	25	MU/50	24
27	Kev	Chadwick	dulwich runners ac	Male	17:14	41	MU/50	25
28	Steven	Leonard	Clapham Chasers	Male	17:20	37	MU/50	26
29	Joseph	McKeown	London Heathside AC	Male	17:22	37	MU/50	27
30	Charlie	Jeffrey	the stragglers	Male	17:23	20	MU/50	28
31	Daniel	Easton	Cambridge Harriers	Male	17:26	35	MU/50	29
32	Freysen	Maritz	the stragglers rc	Male	17:27	46	MU/50	30
33	Tom	Sloan	Kent Athletic Club	Male	17:29	47	MU/50	31
34	Alex	Loftus	dulwich runners ac	Male	17:32	46	MU/50	32
35	Ewan	Fryatt	Ealing Eagles Running Club	Male	17:33	39	MU/50	33
36	Ian	Gutteridge	Datchet Dashers	Male	17:37	40	MU/50	34
37	Gavin	Brandie	Clapham Chasers	Male	17:46	43	MU/50	35
38	Lee	Wilkinson	Serpentine Rc	Male	17:52	33	MU/50	36
39	Ben	Ireland	Belgrave Harriers	Male	17:54	25	MU/50	37
40	Jacques	Corby-Tuech	Thames Valley Harriers	Male	17:55	33	MU/50	38
41	Graham	O'Donoghue	Serpentine Rc	Male	17:58	42	MU/50	39
42	Ryo	Kitahara	Ealing Eagles Running Club	Male	18:00	42	MU/50	40
43	Rafal	Machnik	Ealing Eagles Running Club	Male	18:03	40	MU/50	41
44	Alex	Mackula	Thames Hare and Hounds	Male	18:08	36	MU/50	42
45	Joseph	Clemons	London Heathside	Male	18:09	38	MU/50	43
46	Leslie	Bailey	Fulham Running Club	Male	18:11	29	MU/50	44
47	Robert	Connor	Clapham Chasers	Male	18:12	26	MU/50	45
48	Frederick	Levy	Fulham Running Club	Male	18:16	33	MU/50	46
49	felix	Allen	Hercules Wimbledon	Male	18:17	49	MU/50	47
50	Charlie	Edwards	hillingdon ac	Male	18:24	24	MU/50	48
51	Matt	Collins	London Heathside	Male	18:24	45	MU/50	49
52	Jonathan	Lacey	None	Male	18:33	26	MU/50	50
53	Andrew	Davies	Hercules Wimbledon	Male	18:38	47	MU/50	51
54	Liam	McNicholl	Ealing Eagles Running Club	Male	18:41	44	MU/50	52
55	Doug	Rendle	London Heathside	Male	18:45	42	MU/50	53

56	Peter	Mannion	Windle Valley Runners	Male	18:45	59	MV50	1
57	Massimo	Biava	Ealing Eagles Running Club	Male	18:47	45	MU/50	54
58	jason	walkingshaw	Best Athletics	Male	18:50	41	MU/50	55
59	David	Mason		Male	18:55	51	MV50	2
60	James	McAulay	Willesden Triathlon Club	Male	19:00	27	MU/50	56
61	Philip	Hogg	London Heathside	Male	19:05	51	MV50	3
62	Marcin	Bujar	Fulham Running Club	Male	19:06	33	MU/50	57
63	Geoffrey	Turkington		Male	19:08	51	MV50	4
64	Hannah	Wells	hillingdon athletic club	Female	19:08	28	WU/50	3
65	Paul	Mercer	London Heathside AC	Male	19:13	46	MU/50	58
66	Paul	Watt	British Airways AC	Male	19:23	56	MV50	5
67	Allan	cox	Clapham Chasers RC	Male	19:31	44	MU/50	59
68	Matt	Powell	Ealing Eagles Running Club	Male	19:31	36	MU/50	60
69	Mark	Kell	Serpentice Rc	Male	19:32	40	MU/50	61
70	Badar	Al Raisi	Victoria Park & Tower Hamlets AC	Male	19:33	29	MU/50	62
71	Andrew	Han	Fulham Running Club	Male	19:36	41	MU/50	63
72	Charlotte	Svenson	Fulham Running Club	Female	19:37	36	WU/50	4
73	Chris	Lydon	kent ac	Male	19:42	59	MV50	6
74	Chris	Twort	Fulham Running Club	Male	19:44	49	MU/50	64
75	Mary	Cormack	London Frontrunners	Female	19:47	35	WU/50	5
76	Liz	Killip	the stragglers rc	Female	19:47	60	WV60	1
77	Simon	Reid	City of Sheffield	Male	19:54	42	MU/50	65
78	Trevor	Ingram	Fulham Running Club	Male	19:55	44	MU/50	66
79	Alice	Williams	dulwich runners ac	Female	20:10	36	WU/50	6
80	Douglas	Wood	Fulham Running Club	Male	20:19	36	MU/50	67
81	Ralph	Dadswell	Ealing Eagles Running Club	Male	20:20	56	MV50	7
82	Steve	Edwards	hillingdon ac	Male	20:21	51	MV50	8
83	Edward	Smyth	Dulwich runners	Male	20:23	40	MU/50	68
84	thomas	cheetham	hercules wimbledon a.c.	Male	20:24	54	MV50	9
85	Mark	Fuller		Male	20:26	28	MU/50	69
86	Myles	Preston	Mornington Chasers	Male	20:33	35	MU/50	70
88	Leo	Pemberton	London Heathside AC	Male	20:39	43	MU/50	71
87	Jennifer	Wing	London Heathside	Female	20:39	29	WU/50	7
89	Eberhard	Prill	dulwich runners ac	Male	20:41	59	MV50	10
90	Felicity	Carr	South London harriers	Female	20:46	25	WU/50	8
91	Eleanor	Andrews	Clapham Chasers	Female	20:49	27	WU/50	9
92	CHELSEA	MULLANE	South London harriers	Female	20:52	49	WU/50	10
93	Kelly	Morgan	Clapham Chasers	Female	20:56	43	WU/50	11
95	Serkan	Bektas	Fulham Running Club	Male	21:00	51	MV50	11
94	Yvette	Burton	Ealing Eagles Running Club	Female	21:00	41	WU/50	12
96	Rhona	Cloherty	South London harriers	Female	21:00	45	WU/50	13
97	Katherine	ELMORE-JONES	Fulham Running Club	Female	21:03	44	WU/50	14
98	Dan	Wilkin		Male	21:08	48	MU/50	72
99	Mark	Foster	dulwich runners ac	Male	21:13	55	MV50	12
100	Heidi	Dann	South London harriers	Female	21:16	45	WU/50	15
102	Christiana	Campbell	dulwich runners ac	Female	21:20	29	WU/50	16
101	Ruth	Hutton	South London harriers	Female	21:20	56	WV50	1
103	Harry	Claxton	Ealing eagles	Male	21:22	48	MU/50	73
104	Joel	Hawes	London Heathside	Male	21:24	30	MU/50	74
105	Chris	Smith	London Frontrunners	Male	21:36	61	MV60	1
106	Dean	Saliba	Victoria Park & Tower Hamlets AC	Male	21:44	42	MU/50	75
107	Simon	Shanks	the stragglers	Male	21:51	58	MV50	13

108	Ian	Wimsett	Ealing Eagles Running Club	Male	21:53	63	M V60	2
109	Stephen	Vincent	South London harriers	Male	22:03	52	M V50	14
110	Antonia	Klein	Sheen Shufflers	Female	22:27	45	W U/50	17
111	Julie	Barclay	British Airways AC	Female	22:27	58	W V50	2
112	patrick	o'brien	South London harriers	Male	22:29	63	M V60	3
113	JOHN	GREENE	kent ac	Male	22:31	55	M V50	15
114	Mark	Standing	Herne Hill Harriers	Male	22:40	56	M V50	16
115	Katie	Gow	Fulham Running Club	Female	22:41	27	W U/50	18
116	John	Quaintance	South London harriers	Male	22:45	72	M V70	1
117	Natasha	Jones		Female	23:15	25	W U/50	19
118	ileana	konialidis		Female	23:18	38	W U/50	20
119	MICHAEL	Mann	dulwich runners ac	Male	23:21	72	M V70	2
120	Claire	MORRIS	Ealing Eagles Running Club	Female	23:31	42	W U/50	21
121	michele	coe-o'brien	South London harriers	Female	23:32	60	W V60	2
122	Jess	Ridout	Fulham Running Club	Female	23:47	38	W U/50	22
123	Elaine	Battson	Victoria Park & Tower Hamlets AC	Female	24:17	55	W V50	3
124	Ian	Sesnan	dulwich runners ac	Male	24:19	64	M V60	4
125	Rebecca	Davis	dulwich runners ac	Female	24:27	36	W U/50	23
126	Chiara	Georgiadis		Female	24:59	37	W U/50	24
127	Sophie	Denman	Fulham Running Club	Female	25:05	33	W U/50	25
128	Monique	O'Donoghue	Clapham Chasers	Female	25:22	41	W U/50	26
129	Chris	Brough		Male	25:35	71	M V70	3
130	Donna	Richards	South London harriers	Female	25:52	55	W V50	4
131	Chiara	Cristoni		Female	26:01	48	W U/50	27
132	Janet	Wimsett	Ealing Eagles Running Club	Female	26:26	62	W V60	3
133	annette	Helliwell	collingwood ac	Female	26:30	62	W V60	4
134	david	hallson	Road Runners Club (UK)	Male	27:34	68	M V60	5
135	gill	hallson	None	Female	28:20	64	W V60	5
136	Sarah	Tindley	collingwood ac	Female	29:16	55	W V50	5
137	Peter	Torre	Veterans AC London	Male	34:12	79	M V70	4
138	Laure	Selle	Fulham RC	Female	34:33	42	W U/50	28
139	Rupert	Quested	collingwood ac	Male	35:21	74	M V70	5