

Sri Chinmoy Iron Cove 8 km Run

Iron Cove, Lilyfield : 28 Mar 2010

186 Runners

Male Under 50 : 59 Runners : 8 Kms

Place	No.	Name	Time	Time Dif
1	421	Mark McLachlan	28:35	
2	460	Brad Tonge	29:44	1:09
3	446	Jonathan Heron	30:00	1:25
4	428	Gary Mullins	30:51	2:16
5	445	Pavol Sefcik	31:46	3:11
6	471	Robin Bell	32:31	3:56
7	458	Tom Morwood	33:07	4:32
8	419	Chris Hilton	33:51	5:16
9	443	Brad Cooper	34:14	5:39
10	454	Frank Scalici	34:56	6:21
11	416	Adam Luck	35:03	6:28
12	451	Philip Moore	35:07	6:32
13	431	Matthew Carloss	35:10	6:35
14	430	Scott Vitelli	35:48	7:13
15	405	Jan Kosuta	35:56	7:21
16	422	Colin Clifford	36:04	7:29
17	449	Stuart Roach	36:38	8:03
18	470	Alick Bushby	37:21	8:46
19	433	Daniel White	37:23	8:48
20	417	Andy Tildesley	37:46	9:11
21	447	Adam Napper	37:51	9:16
22	412	Dean Longowrth	37:53	9:18
23	407	Adam Moody	38:46	10:11
24	437	Jay Rocavert	38:54	10:19
25	427	Joseph Clarke	39:06	10:31
26	466	Adam Hariri	39:31	10:56
27	464	Daniel Faccin	39:36	11:01
28	468	Rex Vines	39:40	11:05
29	459	Darren Wright	40:09	11:34
30	469	Clements	40:53	12:18
31	452	Daniel Cooper	41:09	12:34
32	424	Dean Cavanagh	41:15	12:40
33	467	Todd Humphries	41:25	12:50
34	473	Mark Anderson	42:27	13:52
35	429	Michael Christie	42:29	13:54
36	406	Bradley Crofts	42:36	14:01
37	442	Mahidi Mardini	42:41	14:06
38	461	Jim Mcgreeny	42:48	14:13

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3 9	404	Jonathan Farrell	43:07	14:32	
4 0	438	Andrew Morgan	43:10	14:35	
4 1	455	Kevin Davis	43:19	14:44	
4 2	453	Chris Adams	43:31	14:56	
4 3	439	Lachlan Cole	43:36	15:01	
4 4	441	Alan Tran	43:38	15:03	
4 5	423	Ian Wong	44:29	15:54	
4 6	448	Raj Kanhai	44:34	15:59	
4 7	411	Mark D'amico	45:51	17:16	
4 8	465	Eugene Sheehan	46:08	17:33	
4 9	462	Andrew Byrne	46:18	17:43	
5 0	426	Chris Allenby	46:24	17:49	
5 1	440	Cameron Cole	46:46	18:11	
5 2	402	Brenden Waller	47:13	18:38	
5 3	432	Richard White	47:49	19:14	
5 4	435	Josh Murray	48:15	19:40	
5 5	457	Bruce Williams	49:22	20:47	
5 6	425	Edward Lowry	50:17	21:42	
5 7	444	Simon Kempton	52:53	24:18	
5 8	463	Lucas Phillips	56:39	28:04	
5 9	436	James Cleaver	57:13	28:38	

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Male 50-59 : 14 Runners : 8 Kms

Place	No.	Name	Time	Time Dif
1	554	Dennis Wylie	29:39	
2	544	David McEwan	33:13	3:34
3	541	Stewart Douglas	35:44	6:05
4	551	Wayne Morgan	37:16	7:37
5	555	Allan Sutherland	38:16	8:37
6	543	David Saffir	39:22	9:43
7	546	Terry Rose	41:06	11:27
8	550	Gerard Taylor	43:16	13:37
9	547	Jeff Burgess	44:17	14:38
10	542	Ken McIlwain	44:43	15:04
11	549	Hector Escobedo	45:04	15:25
12	548	Tony Ingram	45:20	15:41
13	545	Rob Pearsall	48:51	19:12
14	553	Tom Kramer	55:44	26:05

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Male 60-69 : 2 Runners : 8 Kms

Place	No.	Name	Time	Time Dif	
1	574	Robert Connolley	36:18		
2	572	Michael Foster	45:25	9:07	

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Male 70+ : 1 Runners : 8 Kms

Place	No.	Name	Time	Time Dif
1	591	Edward McMaster	50:58	

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Female Under 50 : 101 Runners : 8 Kms

Place	No.	Name	Time	Time Dif
1	640	Jennifer Stevens	33:10	
2	714	Sally Lynch	34:23	1:13
3	665	Lynnette Jackson	35:13	2:03
4	645	Gretchen Hodgkiss	36:06	2:56
5	664	Carina Vitelli	36:29	3:19
6	608	Mridula Lewis	37:27	4:17
7	696	Chrissie Laloli	37:35	4:25
8	648	Tracey O'Donnell	37:39	4:29
9	708	Elizabeth Fletcher	37:42	4:32
10	612	Samantha Isbell	37:48	4:38
11	706	Darien Feary	38:49	5:39
12	627	Natalie Lamey	38:59	5:49
13	688	Melinda Napper	39:01	5:51
14	704	Joyce Lam	39:08	5:58
15	674	Kathryn Stuckey	40:03	6:53
16	701	Yvette Mayer	40:46	7:36
17	689	Christine Kamarados	40:48	7:38
18	699	Lauren Ryder	41:03	7:53
19	609	Fiona Renshaw	41:12	8:02
20	683	Tessa Dharmendra	41:28	8:18
21	700	Emma Fisher	41:54	8:44
22	610	Kathy Stevenson	42:20	9:10
23	681	Anna Atkinson	42:23	9:13
24	650	Marie Nicolas	42:32	9:22
25	614	Kimberley Benson	42:34	9:24
26	671	Kristen Stanleick	42:52	9:42
27	632	Genevieve Slattery	43:26	10:16
28	684	Amanda Edkins	43:28	10:18
29	641	Rebecca Snow	43:34	10:24
30	698	Ashlea Perry	43:43	10:33
31	654	Maureen Cavanagh	43:45	10:35
32	677	Fiona Alcock	43:56	10:46
33	652	Eve Simons	44:23	11:13
34	629	Melissa Clements	44:25	11:15
35	697	Lisa Penson	44:27	11:17
36	646	Jodie Hayley	44:31	11:21
37	662	Ana Mullins	44:38	11:28
38	673	Zoe Richard	45:10	12:00

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39	707	Kelly Hotchin	45:14	12:04	
40	630	Emma Virgona	45:33	12:23	
41	649	Lillian Longford	45:55	12:45	
42	720	Victoria Samuel	45:57	12:47	
43	619	Peta Bray	45:59	12:49	
44	644	Sarah Osvath	46:04	12:54	
45	678	Angela Denotti	46:12	13:02	
46	657	Chloe Ally	46:14	13:04	
47	606	Bronwyn Stores	46:20	13:10	
48	621	Yukiko Mika	46:22	13:12	
49	663	Charlotte Morris	46:38	13:28	
50	643	Angela Golledge	46:52	13:42	
51	638	Sarah Rush	46:54	13:44	
52	656	Kate O'Brien	47:03	13:53	
53	604	Sally Pacey	47:10	14:00	
54	622	Sascha Belfanti	47:17	14:07	
55	620	Nadina Bross	47:21	14:11	
56	679	Caitrin Dunn	47:34	14:24	
57	667	Kate White	47:47	14:37	
58	709	Samantha Patterson	47:53	14:43	
59	670	Sally Cambourn	48:04	14:54	
60	636	Nicole Hayward	48:34	15:24	
61	716	Rebecca Faccin	48:49	15:39	
62	626	Lara Hohmuth	48:53	15:43	
63	659	Anne Niland	49:30	16:20	
64	693	Meyke Haruman	49:34	16:24	
65	628	Portland Georgiou	49:58	16:48	
66	616	Deborah Simon	50:07	16:57	
67	634	Amanda Bond	50:43	17:33	
68	655	Jennifer Catterick	50:51	17:41	
69	668	Christina Cleaver	51:08	17:58	
70	703	Dawn Hillier	51:20	18:10	
71	637	Alison McCallum	51:56	18:46	
72	682	Louise Martin	52:01	18:51	
73	690	Victoria Miller	52:04	18:54	
74	702	Malin Hanna	52:09	18:59	
75	692	Filita Barker	52:31	19:21	
76	601	Katie Skulte	52:37	19:27	
77	675	Ada Tong	52:38	19:28	
78	719	Rochelle Baines	52:40	19:30	

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79	611	Georgina Farrell	52:45	19:35	
80	661	Megan Olliver	52:47	19:37	
81	715	Tish Bruce	52:49	19:39	
82	686	Naomi Cash	52:51	19:41	
83	635	Tarnia Luck	53:08	19:58	
84	685	Claudia Blicharz	53:48	20:38	
85	653	Kasey Lee Cavey	53:53	20:43	
86	711	Keran Barrett	54:09	20:59	
87	660	Chika Otsuka	54:15	21:05	
88	639	Lucy Tildesley	55:09	21:59	
89	676	Amanda Evans	55:36	22:26	
90	669	Rebecca Leach	56:09	22:59	
91	680	Shannon Kedwell	56:11	23:01	
92	687	Danielle Elliott	56:14	23:04	
93	712	Jacqueline Phillips	56:41	23:31	
94	672	Louise Morgan	56:49	23:39	
95	705	Marlies Ward	57:17	24:07	
96	694	Jan-Maree McPherson	58:02	24:52	
97	713	Olivia Misa	58:24	25:14	
98	717	Kylie Cochrone	1:00:50	27:40	
99	658	Caroline Choi	1:01:10	28:00	
100	605	Emma Casey	1:01:42	28:32	
101	666	Kim White	1:05:36	32:26	

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Female 50-59 : 7 Runners : 8 Kms

Place	No.	Name	Time	Time Dif
1	764	Selma Mooney	45:08	
2	763	Tonia Wood	47:06	1:58
3	769	Kim Docanto	47:08	2:00
4	762	Christine McCarthy	52:43	7:35
5	768	Mary Allars	57:48	12:40
6	765	Sharyn Robson	59:49	14:41
7	761	Elizabeth Casey	1:01:43	16:35

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Female 60-69 : 2 Runners : 8 Kms

Place	No.	Name	Time	Time Dif	
1	781	Kerry Bray	48:01		
2	782	Jill Belme	55:57	7:56	