

# Sri Chinmoy Mirambeena 8 km Run

Mirambeena Regional Reserve, Sydney : 23 May 2010  
48 Runners

## Male Under 50 : 19 Runners : 8 Kms

Place	No.	Name	Time	Time Dif
1	421	Jonathan Heron	30:05	
2	418	Nathan Barry	31:52	1:47
3	413	John Spyrakis	34:34	4:29
4	401	Sean Connell	35:32	5:27
5	415	Adrian Miles	37:50	7:45
6	420	Sam Engele	38:50	8:45
7	414	Edward Van Der Maas	40:22	10:17
8	404	Greg Ryan	40:25	10:20
9	411	Greg Pritchard	40:58	10:53
10	410	Mahidi Mardini	41:44	11:39
11	416	Lachlan Cole	43:05	13:00
12	409	Zac Zaiter	43:13	13:08
13	408	Seba Fernandez	43:16	13:11
14	406	Rami Kadrah	44:06	14:01
15	405	Lachlan Wynne	44:09	14:04
16	422	Adrian Fahy	45:40	15:35
17	407	Brandan Mathers	46:32	16:27
18	402	John Ryan	50:16	20:11
19	417	Cameron Cole	56:22	26:17

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## Male 50-59 : 6 Runners : 8 Kms

Place	No.	Name	Time	Time Dif	
1	547	Frank Zeichner	30:36		
2	542	Stewart Douglas	37:04	6:28	
3	545	Allan Sutherland	39:50	9:14	
4	544	Ken Mcllwain	43:26	12:50	
5	546	Doug Fulford	49:32	18:56	
6	543	Gavan Farley	1:05:23	34:47	

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**Male 70+** : 1 Runners : 8 Kms

Place	No.	Name	Time	Time Dif
1	591	Edward McMaster	50:53	

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## Female Under 50 : 22 Runners : 8 Kms

Place	No.	Name	Time	Time Dif
1	625	Elmarie O'Regan	34:31	
2	614	Helena Malinowska	39:45	5:14
3	603	Kate Rice	41:24	6:53
4	620	Jillian Manahan	42:25	7:54
5	618	Anne Crabtree	43:39	9:08
6	624	Kirsten Coupland	43:51	9:20
7	609	Peta Bray	45:33	11:02
8	613	Sasha Pilch	46:16	11:45
9	632	Kate Volkhardt	46:30	11:59
10	615	My Truong	46:52	12:21
11	610	Elena Sutcliffe	46:59	12:28
12	619	Kathleen June Roberts	47:32	13:01
13	604	Vanessa Blewitt	47:51	13:20
14	623	Alexandra Varol	48:20	13:49
15	621	Stacy Gurrie	48:22	13:51
16	611	Ursula Gleeson	50:05	15:34
17	627	Filita Barker	50:09	15:38
18	605	Charlotte Ryan	50:21	15:50
19	601	Gemma Wu	54:57	20:26
20	602	Nicole Van-Bael	54:59	20:28
21	633	Angela Haynes	56:35	22:04
22	631	Leanne McCormack	57:52	23:21