

Sri Chinmoy Iron Cove 7 km Run

Iron Cove, Lilyfield : 13 Jun 2021

76 Runners

Male Under 50 : 25 Runners : 7 Kms

Place	No.	Name	Time	Time Dif
1	416	Thomas Virgona	23:14	
2	421	Joe Ghilks	25:52	2:38
3	425	Eamon Bullock	27:33	4:19
4	422	Regan Burnett	27:42	4:28
5	414	Michael Abiwahab	28:18	5:04
6	408	Ian Tattersall	29:20	6:06
7	404	Ken Wong	29:28	6:14
8	417	Michael Mullins	29:29	6:15
9	411	David Winning	29:45	6:31
10	405	Krzysztof Komsta	31:00	7:46
11	427	He-Shyan Balnave	31:29	8:15
12	418	Nicholas Audet	32:30	9:16
13	409	Chris Brown	33:04	9:50
14	431	Adam Witt	33:38	10:24
15	413	Joel Phillips	34:44	11:30
16	424	Jason Bullock	36:44	13:30
17	429	Matthew Parsons	36:46	13:32
18	412	Tim Bryan	37:35	14:21
19	419	Marc Zain	38:02	14:48
20	403	Remy Moreau	38:36	15:22
21	415	Roger Heale	38:46	15:32
22	420	Jed Zain	41:31	18:17
23	401	Jamil Karaki	42:51	19:37
24	423	Alexander Henry	43:22	20:08
25	426	Tim Lockwood	1:09:01	45:47

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Male 50-59 : 11 Runners : 7 Kms

Place	No.	Name	Time	Time Dif
1	547	Lorenzo Modesto	26:01	
2	554	Philip Balnave	27:18	1:17
3	553	Bruce Burns	27:58	1:57
4	550	Nick Makeham	30:23	4:22
5	548	Shane Maundrell	31:07	5:06
6	552	Lars Rutz	32:16	6:15
7	542	John Hayes	33:09	7:08
8	551	Hugh Jorgensen	36:09	10:08
9	545	Brian Walsh	36:11	10:10
10	549	David Griffin	37:12	11:11
11	546	Mark Traynor	40:56	14:55

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Male 60-69 : 6 Runners : 7 Kms

Place	No.	Name	Time	Time Dif	
1	574	Jimmy Owens	33:51		
2	575	Chris Webster	34:58	1:07	
3	576	Brian Radburn	38:52	5:01	
4	572	Ric Giddins	38:57	5:06	
5	577	Alan Taylor	39:59	6:08	
6	573	Terry Rose	47:11	13:20	

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Male 70+ : 1 Runners : 7 Kms

Place	No.	Name	Time	Time Dif
1	591	Derek Bolton	37:01	

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Female Under 50 : 19 Runners : 7 Kms

Place	No.	Name	Time	Time Dif
1	610	Portia Palmerlee	32:24	
2	616	Erin Jones	33:07	0:43
3	622	Jessica Monaghan	34:27	2:03
4	619	Joanne Haynes	36:14	3:50
5	605	Claudia Ryan	36:25	4:01
6	617	Dominique Gallery	36:57	4:33
7	612	Simone Faulkner	37:23	4:59
8	613	Ellie Hutchings	38:21	5:57
9	623	Mayumi Jomkamsing	39:51	7:27
10	614	Evie Audet	41:33	9:09
11	621	Carla Odonnell	42:04	9:40
12	603	Amber Milne	42:55	10:31
13	602	Trudi Robb	43:18	10:54
14	620	Glauca Cintra	43:44	11:20
15	618	Jackie Clargo	43:45	11:21
16	611	Louise Lehane	44:01	11:37
17	609	Prue Car	47:16	14:52
18	601	Katherine Giles	49:52	17:28
19	606	Abigail Ryan	55:29	23:05

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Female 50-59 : 8 Runners : 7 Kms

Place	No.	Name	Time	Time Dif	
1	771	Rosheen Boyle	32:21		
2	775	Zoe Melling	32:31	0:10	
3	776	Tracey Odonnell	34:54	2:33	
4	773	Josie Ryan	39:41	7:20	
5	777	Connie Hui	40:03	7:42	
6	772	Lisa Clayton	45:17	12:56	
7	778	Rose Hayes	59:04	26:43	
8	774	Belinda Lockwood	1:09:00	36:39	

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Female 60-69 : 5 Runners : 7 Kms

Place	No.	Name	Time	Time Dif	
1	794	Rita Webster	36:08		
2	793	Jan Swinhoe	41:01	4:53	
3	792	Merridy Odonnell	42:45	6:37	
4	795	Gladys Amestoy	43:24	7:16	
5	791	Jenny Giddins	50:07	13:59	

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Female 70+ : 1 Runners : 7 Kms

Place	No.	Name	Time	Time Dif
1	797	Anne Elizabeth Boyd	51:50	