

Self-Transcendence 3 x 1 Mile Relay

Eastville Park, Bristol

19 July 2016

Race Licence ID: 2016-20471

Finishing Position	Race Number	Team Name / Name	Club	Cumulative		Time	Category	Category Place *
				Splits	Time			
1	90	BRISTOL & WEST D				14:57	Men	1st
	90A	John Rooney	Bristol & West AC	05:16	05:16			
	90B	Robert Stewart	Bristol & West AC	04:54	10:10			
	90C	Mark Edwards	Bristol & West AC	04:47	14:57			
2	7	WESTBURY ARE MAGIC				15:25	Men	
	7A	Robin Phillips	Westbury Harriers	05:24	05:24			
	7B	Maget Bialogonski	Bristol & West AC	04:55	10:19			
	7C	Scott Campbell	Westbury Harriers	05:06	15:25			
3	98	EMERSONS/BATH				16:25	Men	
	98A	Gary Hughes	Team Bath	05:31	05:31			
	98B	Ashley Wright	Emersons Green RC	05:29	11:00			
	98C	Sam Stone	Emersons Green RC	05:25	16:25			
4	14	GWR MEN				16:28	Men	
	14A	John Cox	Great Western Runners	05:22	05:22			
	14B	Will Hillier	Great Western Runners	05:37	10:59			
	14C	Steve Speak	Great Western Runners	05:29	16:28			
5	94	GREAT WESTERN WALKERS				17:21	Men	
	94A	Tim Wildman	Great Western Runners	05:55	05:55			
	94B	Brendan Gould	Great Western Runners	05:41	11:36			
	94C	David Honeywill	Great Western Runners	05:45	17:21			
6	12	FRAMPTON MANSCAPING				17:21	Men	
	12A	Jason Bidwell	Frampton Cotterell Harriers	06:01	06:01			
	12B	Bruce Sellers	Frampton Cotterell Harriers	05:56	11:57			
	12C	Nick Bennett	Frampton Cotterell Harriers	05:24	17:21			
7	18	3 MILES HIGH & RISING				17:58	Men	
	18A	Daryl Phillips	Bristol & West AC	06:20	06:20			
	18B	Charlie Pantlin	Bristol & West AC	05:39	11:59			
	18C	Tom Watkins	Bristol & West AC	05:59	17:58			

8	218	MISH MASH				18:03	Men	
	218A	Graham	Emersons Green RC	05:51	05:51			
	218B	Martin Kilb	Bristol & West AC	06:10	12:01			
	218C	Graham	Emersons Green RC	06:02	18:03			
9	57	TEAM ENNIS HILL				18:08	Junior Boys	1st
	57A	Fred Hawker	Bristol & West AC	05:39	05:39			
	57B	Zacary Roe	Bristol & West AC	06:34	12:13			
	57C	Beck Hardine-Hill	Bristol & West AC	05:55	18:08			
10	56	TEAM RIO				18:33	Junior Boys	
	56A	Otto Kingston	Bristol & West AC	06:01	06:01			
	56B	Vinnie Williams	Bristol & West AC	07:43	13:44			
	56C	Rufus Thomas**	Bristol & West AC		18:33			
11	59	TEAM FARAH				18:42	Junior Boys	
	59A	Lewis Adamson	Bristol & West AC	06:07	06:07			
	59B	Jacob Roe	Bristol & West AC	06:37	12:44			
	59C	Cole Edmunds	Bristol & West AC	05:58	18:42			
12	3	GWR LADIES A TEAM				18:44	Women	1st
	3A	Lucy Ellis	Great Western Runners	06:04	06:04			
	3B	Louise Cronin	Great Western Runners	06:26	12:30			
	3C	Sophie Walton	Great Western Runners	06:14	18:44			
13	70	BROWN LEES				18:55	Junior Boys	
	70A	Nathan Marchant	Bristol & West AC	05:29	05:29			
	70B	Harry Constable	Bristol & West AC	06:58	12:27			
	70C	Fred Cummins	Bristol & West AC	06:28	18:55			
14	88	BRISTOL BELLY BUSTERS				19:05	Men	
	88A	Andrew Wright	Bristol & West AC	06:03	06:03			
	88B	Tom Burgess	Bristol & West AC	06:49	12:52			
	88C	Michael Coombes	Bristol & West AC	06:13	19:05			
15	17	FAT CHANCE				19:09	Mixed	1st
	17A	Greg Chance	Bristol & West AC	05:32	05:32			
	17B	Katie Wright	Emersons Green RC	06:50	12:22			
	17C	Wayne Inker	Frampton Cotterell Harriers	06:47	19:09			
16	19	GREAT WESTERN HARRIERS				19:14	Mixed	
	19A	Caroline Bull	Westbury Harriers	07:13	07:13			
	19B	Clare Meraz	Great Western Runners	06:31	13:44			
	19C	Gavin Watkins	Great Western Runners	05:30	19:14			

17	85	TEAM BOLT				19:23	Junior Boys	
	85A	Luke Isles	Bristol & West AC	05:41	05:41			
	85B	Alex Hodges	Bristol & West AC	07:30	13:11			
	85C	Robert Kiekuth	Bristol & West AC	06:12	19:23			
18	89	MTC				19:30	Junior Girls	1st
	89A	Matilda Jones	Bristol & West AC	06:39	06:39			
	89B	Taryn Zahringer	Bristol & West AC	06:37	13:16			
	89C	Claudia Spice	Bristol & West AC	06:14	19:30			
19	92	TEAM SMD				19:55	Junior Girls	
	92A	Sophie Whiteford	Bristol & West AC	06:56	06:56			
	92B	Molly Orchard	Bristol & West AC	06:38	13:34			
	92C	Danni Sinclair	Bristol & West AC	06:21	19:55			
20	8	TEAM JEC				21:00	Mixed	
	8A	Jonathan Goodland	Great Western Runners	06:13	06:13			
	8B	Eithne Noonan	Westbury Harriers	08:48	15:01			
	8C	Chris Palmer	Westbury Harriers	05:59	21:00			
21	10	SOUTHVILLE SIZZLERS				21:05	Mixed	
	10A	Mark Wilkins	Town & Country Harriers	05:55	05:55			
	10B	Chris Whale	Southville Running Club	06:59	12:54			
	10C	T J Jagger	Unattached	08:11	21:05			
22	86	THE ALSO RAN TEAM				21:16	Mixed	
	86A	Emma Withers	Bristol & West AC	07:09	07:09			
	86B	Jonathan Hurford	Great Western Runners	07:52	15:01			
	86C	Will Jones	Bristol & West AC	06:15	21:16			
23	97	BOMBSHELLS				21:21	Women	
	97A	Garce Claridge	Bristol & West AC	06:52	06:52			
	97B	Anya Wheatley	Bristol & West AC	07:41	14:33			
	97C	Fleur Cockley	Bristol & West AC	06:48	21:21			
24	13	THE VINCENTS				21:37	Family	1st
	13A	Jake Vincent	Frampton Cotterell Harriers	06:04	06:04			
	13B	Pete Vincent	Frampton Cotterell Harriers	09:14	15:18			
	13C	Ben Vincent	Frampton Cotterell Harriers	06:19	21:37			
25	75	TEAM WIGGINS				21:40	Junior Boys	
	75A	Charlie Hodges	Bristol & West AC	06:11	06:11			
	75B	Amos Kingston	Bristol & West AC	07:21	13:32			
	75C	Joseph Hull	Bristol & West AC	08:08	21:40			

26	6	GWR LADIES TEAM 2				21:45	Women	
	6A	Anna Williams	Great Western Runners	07:12	07:12			
	6B	Jo Amos	Great Western Runners	07:29	14:41			
	6C	Cat Mills	Great Western Runners	07:04	21:45			
27	2	GWR LADIES NOT QUITE THE A TEAM				21:53	Women	
	2A	Tor Davies	Great Western Runners	07:36	07:36			
	2B	Fi Lang	Great Western Runners	07:28	15:04			
	2C	Kate Pettitt	Great Western Runners	06:49	21:53			
28	91	GWR OLDIES				22:20	Men	
	91A	Mike Willcox	Great Western Runners	07:10	07:10			
	91B	Ian Haynes	Great Western Runners	07:00	14:10			
	91C	Roger Haynes	Great Western Runners	08:10	22:20			
29	99	WALSHIES				22:22	Family	
	99A	Cathie Walsh	Frampton Cotterell Harriers	09:16	09:16			
	99B	Nathan Walsh	Frampton Cotterell Harriers	07:14	16:30			
	99C	Noah Walsh	Frampton Cotterell Harriers	05:52	22:22			
30	87	TENA LADIES				22:27	Women	
	87A	Kathy Tiley	Frampton Cotterell Harriers	07:54	07:54			
	87B	Claire Fletcher	Frampton Cotterell Harriers	07:25	15:19			
	87C	Jill Robinson	Frampton Cotterell Harriers	07:08	22:27			
31	95	JUST 4 FUN				23:16	Women	
	95A	Paul Owen	Bristol & West AC	06:52	06:52			
	95B	Niamh Roe	Bristol & West AC	10:01	16:53			
	95C	Chris Whiteford	Bristol & West AC	06:23	23:16			
32	1	3's COMPANY				24:30	Mixed	
	1A	Shelley Armorgie	Frampton Cotterell Harriers	08:35	08:35			
	1B	Sam Oxley	Frampton Cotterell Harriers	06:50	15:25			
	1C	Rebecca Oxley	Frampton Cotterell Harriers	09:05	24:30			
33	9	YOUNG AT HEART				24:38	Vet	1st
	9A	Yanessa Redmond	North Bristol Running Group	09:01	09:01			
	9B	Paul Burgess	Frampton Cotterell Harriers	08:25	17:26			
	9C	Phil King	Unattached	07:12	24:38			
34	100	SOUPER CAMPBELLS				25:03	Family	
	100A	Ella Campbell	Unattached	09:24	09:24			
	100B	Sue Campbell	Bristol & West AC	08:24	17:48			
	100C	David Campbell	Unattached	07:15	25:03			

35	93	MILLENNIUM FALCONS				25:38	Non-club	1st
	93A	Alexander Whale	Unattached	09:48	09:48			
	93B	Joshua Patterson	Unattached	08:24	18:12			
	93C	Ishmael Bradley	Unattached	07:26	25:38			
36	4	FRAMPTON PEARCES				25:46	Mixed	
	4A	Jo Pearce	Frampton Cotterell Harriers	09:40	09:40			
	4B	Lorna Kinsman	Frampton Cotterell Harriers	08:39	18:19			
	4C	Gary Kinsman	Frampton Cotterell Harriers	07:27	25:46			
37	96	TEAM PAINE				26:08	Family	
	96A	Sophie Paine	Unattached	08:41	08:41			
	96B	Doreen Paine	Bristol & West AC	09:33	18:14			
	96C	Ron Paine	Bristol & West AC	07:54	26:08			
38	15	WESTBURY LADIES				26:47	Women	
	15A	Trudi Johnson	Westbury Harriers	08:15	08:15			
	15B	Linda Philips	Westbury Harriers	09:27	17:42			
	15C	Caroline Scarpen	Westbury Harriers	09:05	26:47			
39	16	TEAM GKD				26:51	Vet	
	16A	Garard Watson	Bristol & West AC	10:17	10:17			
	16B	Karen Watson	Bristol & West AC	08:00	18:17			
	16C	Paul Taylor	Bristol & West AC	08:34	26:51			
40	5	FRAMPTON FIRST TIMERS & PETER				27:09	Mixed	
	5A	Leanne Alden	Frampton Cotterell Harriers	09:58	09:58			
	5B	Jane Tyack	Frampton Cotterell Harriers	10:36	20:34			
	5C	Peter England	Unattached	06:35	27:09			
41	11	NEWBIES FRAMPTON HARRIERS				28:25	Women	
	11A	Caroline Neale	Frampton Cotterell Harriers	09:27	09:27			
	11B	Andrea Cox	Frampton Cotterell Harriers	10:05	19:32			
	11C	Emma Hendy	Frampton Cotterell Harriers	08:53	28:25			

* Medal places only

** 3rd runner started too early so split is not given