

SELF TRANSCENDENCE 24 HOUR RACE 17TH /18TH SEPTEMBER 2011												
10 MILE SPLITS												
EXTRAPOLATED FROM LAP SHEETS												
STOPWATCH TIMES <u>UNDERLINED</u>		OTHER TIMES EXTRAPOLATED FROM NEAREST LAP ON LAP SHEETS										
			10M	20M	30M	40M	50M	60M	70M	80M	90M	100M
1	MARCO	CONSANI	01:27:35	02:53:05	04:20:25	05:44:20	07:11:00	08:36:35	10:08:50	11:30:55	13:06:40	<u>14:31:01</u>
2	FIONNA	CAMERON	01:34:35	03:08:45	04:36:50	06:04:35	07:32:35	08:59:40	10:33:15	12:12:00	13:57:40	<u>15:58:00</u>
3	HELEN	JAMES	01:26:20	02:56:00	04:29:30	06:01:00	07:37:30	09:20:30	11:10:40	13:02:45	15:01:20	<u>17:15:30</u>
4	NICK	THOMAS	01:38:19	03:18:23	04:57:14	06:35:49	08:26:20	10:24:10	12:12:25	14:00:40	15:58:40	<u>18:07:49</u>
5	STEPHEN	MASON	01:27:50	02:56:20	04:28:30	06:03:30	07:43:43	09:35:35	11:47:50	13:51:45	17:14:55	<u>19:58:53</u>
6	STEPHEN	THOMPSON	01:30:10	03:04:10	05:00:10	06:56:45	08:52:00	11:13:30	13:16:39	15:41:10	17:56:50	<u>19:49:42</u>
7	RICHIE	CUNNINGHAM	01:27:00	02:54:10	04:30:55	06:21:35	08:04:35	09:53:32	11:52:30	13:58:05	16:11:00	<u>18:33:19</u>
8	AIDAN	BLAKE	01:33:00	03:05:15	04:40:45	06:15:20	07:56:10	09:45:55	11:46:25	13:50:40	16:04:45	<u>18:39:55</u>
9	TIM	RAINEY	01:31:40	03:04:50	04:45:00	06:24:55	08:19:30	10:14:40	12:32:50	14:31:20	16:47:50	<u>18:52:33</u>
10	JONATHAN	ERRINGTON	01:18:15	02:49:05	04:34:50	06:38:20	08:43:28	10:52:40	13:18:30	14:46:20	18:47:50	<u>21:12:18</u>
11	ROB	CLOETE	01:55:30	03:54:45	05:57:15	08:01:50	10:00:25	12:14:25	14:20:55	16:41:10	19:19:20	<u>21:45:48</u>
12	CHRIS	McCARTHY	01:37:15	03:14:10	04:57:55	06:38:50	08:25:40	10:33:00	12:49:00	15:14:10	18:41:50	<u>21:41:47</u>
13	KEVIN	DOYLE	01:37:10	03:11:25	04:45:50	06:24:15	08:10:50	10:20:50	12:54:48	16:36:05	20:13:20	<u>22:41:40</u>
14	VICKY	LUFFRON	01:34:50	03:10:25	04:56:40	06:37:20	08:40:15	11:04:05	13:30:40	16:10:10	19:21:36	<u>22:35:05</u>
16	JESUS	PRIETO-LLORET	01:27:05	03:35:40	05:23:00	07:29:40	09:19:50	11:47:30	13:53:30	17:19:20	19:17:30	<u>22:27:30</u>
17	RICHARD	KIMMENS	01:37:30	03:23:20	05:12:45	07:30:20	09:22:55	11:48:45	14:02:30	16:07:40	18:18:40	<u>21:13:17</u>
18	KONSTANTINOS	ANAGNOSTOU	01:50:30	04:05:10	06:15:00	08:31:00	10:53:15	13:10:08	15:35:35	18:19:40	20:39:35	<u>23:13:33</u>
19	ANN	BATH	01:42:44	03:35:34	<u>05:31:32</u>	<u>07:43:40</u>	<u>09:57:10</u>	12:19:06	14:50:06	17:18:54	20:05:36	<u>23:01:47</u>
20	HUGH	PINNER	01:42:10	03:27:40	05:18:15	07:13:21	09:25:10	12:08:00	14:16:50	18:40:50	20:33:20	<u>23:32:18</u>
21	PATRICK	QUINN*	01:33:25	03:08:10	05:02:05	06:45:30	08:30:10	10:26:05	12:29:40	14:55:30	18:10:45	<u>21:10:31</u>
22	ALEX	RICHES	01:51:56	03:41:43	05:30:02	07:26:00	09:28.0	11:52:00	14:11:03	16:38:10	19:35:42	<u>22:36:32</u>
23	GEOFFRY	OLIVER	01:42:16	03:37:39	<u>05:32:31</u>	<u>07:55:43</u>	<u>10:20:32</u>	13:11:50	16:04:10	18:47:10	22:05:00	
24	STEPHEN	WOODUS	01:29:00	03:00:00	04:56:10	07:07:20	09:18:25	12:06:55	14:47:47	19:13:15	23:31:40	
25	ABICHAL	SHERRINGTON	01:50:35	03:56:37	06:00:22	08:25:40	11:08:55	14:21:50	18:58:10	22:27:25		
26	DANIEL	SATE*	01:40:05	03:34:33	05:46:56	08:10:09	10:36:55	13:04:30	15:44:30	18:58:50		
27	GARY	CHALKLEY	01:38:40	03:40:20	06:04:40	09:07:25	11:53:05	14:54:00	17:58:10	21:02:10		
28	SHONA	BENDIX	01:39:00	03:34:50	06:01:10	08:39:45	11:32:35	15:46:50	20:28:01	23:22:08		

