

# Sri Chinmoy 5K Grand Prix



**SRI CHINMOY  
MARATHON TEAM**



**Run and Become**  
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RACE 9: CONFIDENCE 5K 11th July 2022						
WINNERS						
RANK	FIRST NAME	SURNAME	Time	Country	M/F	AGE
<b>Women Under 50</b>						
1	Ankurika	Hammerl	00:21:15	Austria	Female	29
2	Susan	Marshall	00:21:56	Australia	Female	38
3	Ilvaka	Nemcova	00:22:12	Czech	Female	41
4	Penny	Nam	00:24:01	South Africa	Female	45
5	Jana	Duskova	00:24:59	Czech	Female	40
6	Danica	Cernakova	00:27:26	Slovakia	Female	46
7	Erdenetsetseg	Gankhuu	00:27:27	Mongolia	Female	29
<b>Men Under 50</b>						
1	Clifford	Kian	00:19:42	South Africa	Male	45
2	Lukas	Ineichen	00:20:10	Switzerland	Male	37
3	Milan	Javornicky	00:20:47	Czech	Male	48
4	Tomáš	Sabolík	00:21:39	Slovakia	Male	49
5	Yatkara	Aleksapolsky	00:23:43	Canada	Male	46
<b>Women Vet 50</b>						
1	Tavishi	Matthews	00:25:25	Australia	Female	57
2	Suparna	Pustogowa	00:27:36	Germany	Female	58
3	Tsetsegdelger	Lkhamsuren	00:27:55	Mongolia	Female	58
4	Nurari	Merry	00:28:57	UK	Female	50
5	Saranyu	Pearson	00:29:40	Australia	Female	58
<b>Men Vet 50</b>						
1	Pataka	Spacek	00:19:40	Czech	Male	50
2	Marek	Bohman	00:21:40	Slovakia	Male	51
3	STEFAN	RADUTA	00:24:23	Canada	Male	52
4	Kuladipa	Babušík	00:24:26	Slovakia	Male	51
5	Veeraja	Uppal	00:26:37	Australia	Male	53
<b>Women Vet 60</b>						
1	Purevsuren	Shirendev	00:29:15	Mongolia	Female	66
2	Tsetsegmaa	Ishjamts	00:31:05	Mongolia	Female	62
3	Tungalag	Serj	00:32:10	Mongolia	Female	64
4	Tungalag	Jaalkhuu	00:34:00	Mongolia	Female	60
5	Pramiti	Niwa	00:35:16	Japan	Female	60
<b>Men Vet 60</b>						
1	Prachar	Stegemann	00:22:49	Australia	Male	61
2	Batsukh	Sharav	00:23:44	Mongolia	Male	69
3	Sulabha	Wishiewski	00:24:44	Canada	Male	62
4	Medur	Wilson	00:25:36	Canada	Male	63
5	Bikash	Frost	00:32:34	Germany	Male	64
<b>Women Vet 70</b>						
1	Karnayati	Morison	00:40:09	Canada	Female	76
2	Indrani	Mehta	00:59:23	UK	Female	75
3	Byambasuren	Tsevegdorj	01:08:00	Mongolia	Female	75
<b>Men Vet 70</b>						
1	Odgiiv	Jadambaa	00:44:07	Mongolia	Male	72
2	àdhiratha	keefe	00:45:26	USA	Male	75
3						
<b>Women Vet 80</b>						
1						
<b>Men Vet 80</b>						
1	Nayak	Polissar	00:56:15	USA	Male	82

**ALL RESULTS BELOW**

## RESULTS

RANK	FIRST NAME	SURNAME	Time	Country	M/F	AGE	CATEGORY	CAT. POS.
1	Pataka	Spacek	00:19:40	Czech	Male	50	M V50	1
2	Clifford	Kian	00:19:42	South Africa	Male	45	M U/50	1
3	Lukas	Ineichen	00:20:10	Switzerland	Male	37	M U/50	2
4	Milan	Javornicky	00:20:47	Czech	Male	48	M U/50	3
5	Ankurika	Hammerl	00:21:15	Austria	Female	29	W U/50	1
6	Tomáš	Sabolík	00:21:39	Slovakia	Male	49	M U/50	4
7	Marek	Bohman	00:21:40	Slovakia	Male	51	M V50	2
8	Susan	Marshall	00:21:56	Australia	Female	38	W U/50	2
9	Ilvaka	Nemcova	00:22:12	Czech	Female	41	W U/50	3
10	Prachar	Stegemann	00:22:49	Australia	Male	61	M V60	1
11	Yatkara	Aleksapolskyy	00:23:43	Canada	Male	46	M U/50	5
12	Batsukh	Sharav	00:23:44	Mongolia	Male	69	M V60	2
13	Penny	Nam	00:24:01	South Africa	Female	45	W U/50	4
14	STEFAN	RADUTA	00:24:23	Canada	Male	52	M V50	3
15	Kuladipa	Babušík	00:24:26	Slovakia	Male	51	M V50	4
16	Vlada	Lepic	00:24:41	Czech	Male	46	M U/50	6
17	Sulabha	Wishiewski	00:24:44	Canada	Male	62	M V60	3
18	Jana	Duskova	00:24:59	Czech	Female	40	W U/50	5
19	Tavishi	Matthews	00:25:25	Australia	Female	57	W V50	1
20	Medur	Wilson	00:25:36	Canada	Male	63	M V60	4
21	Veeraja	Uppal	00:26:37	Australia	Male	53	M V50	5
22	Abhijatri	Robinson	00:27:10	South Africa	Male	55	M V50	6
23	Viharin	Rosa	00:27:21	Czech	Male	50	M V50	7
24	Pavaka	Ritchot	00:27:24	Canada	Male	47	M U/50	7
25	Danica	Cernakova	00:27:26	Slovakia	Female	46	W U/50	6
26	Erdenetsetseg	Gankhuu	00:27:27	Mongolia	Female	29	W U/50	7
27	Suparna	Pustogowa	00:27:36	Germany	Female	58	W V50	2
28	Tsetsegdelger	Lkhamsuren	00:27:55	Mongolia	Female	58	W V50	3
29	Andrew	Cotton	00:28:01	UK	Male	53	M V50	8
30	Nurari	Merry	00:28:57	UK	Female	50	W V50	4
31	Theodor	Staněk	00:28:58	Czech	Male	59	M V50	9
32	Purevsuren	Shirendev	00:29:15	Mongolia	Female	66	W V60	1
33	Saranyu	Pearson	00:29:40	Australia	Female	58	W V50	5
34	Shree	Chirkoot	00:30:01	South Africa	Male	56	M V50	10
35	Uddhava	Selucky	00:30:40	Czech	Male	53	M V50	11
36	Tsetsegmaa	Ishjamts	00:31:05	Mongolia	Female	62	W V60	2
37	Gan-Erdene	Ganbat	00:31:13	Mongolia	Female	36	W U/50	8
38	Eva	Paradise	00:31:14	Czech	Female	37	W U/50	9
39	Tungalag	Serj	00:32:10	Mongolia	Female	64	W V60	3
40	Bikash	Frost	00:32:34	Germany	Male	64	M V60	5
41	Vasudha	Deming	00:32:55	USA	Female	56	W V50	6
42	Niyojita	Purevsuren	00:32:56	Mongolia	Female	51	W V50	7
43	Monika	Friedrich	00:33:18	Germany	Female	59	W V50	8
44	Tungalag	Jaalkhuu	00:34:00	Mongolia	Female	60	W V60	4
45	Oyungerel	Seded	00:34:10	Mongolia	Female	53	W V50	9
46	David	Smith	00:34:16	UK	Male	53	M V50	12
47	Manini	Nguyen	00:34:28	USA	Female	45	W U/50	10
48	Anna	Khimchinskaia	00:34:42	Russia	Female	44	W U/50	11
49	Pramiti	Niwa	00:35:16	Japan	Female	60	W V60	5

50	Tuvijata	Puskas	00:37:57	Hungary	Male	49	M U/50	8
51	Kautuhalam	Gill	00:38:00	Canada	Male	69	M V60	6
52	Karnayati	Morison	00:40:09	Canada	Female	76	W V70	1
53	Kristina	Kolompar	00:42:22	Serbia	Female	44	W U/50	12
54	Odgiiv	Jadambaa	00:44:07	Mongolia	Male	72	M V70	1
55	Sharani	Robins	00:44:54	USA	Female	61	W V60	6
56	Ian	Isherwood	00:45:12	UK	Male	69	M V60	7
57	àdhiratha	keefe	00:45:26	USA	Male	75	M V70	2
58	Pradipana	Loser-Frost	00:45:45	Germany	Female	63	W V60	7
59	Bhumika	Barros	00:47:56	Brazil	Female	62	W V60	8
60	Purnakama	Rajna	00:48:00	Canada	Female	55	W V50	10
61	Kanyaka	Arini	00:52:00	Bali, Indonesia	Female	43	W U/50	13
62	Sahatvam	Selbach	00:52:18	Germany	Male	67	M V60	8
63	Jagadambika	ROOT	00:54:40	USA	Female	66	W V60	9
64	Nayak	Polissar	00:56:15	USA	Male	82	M V80	1
65	Tsolmon	Dondiv	00:59:21	Mongolia	Female	62	W V60	10
66	Indrani	Mehta	00:59:23	UK	Female	75	W V70	2
67	Delgertsetseg	Jargal	01:05:00	Mongolia	Female	58	W V50	11
68	Luiza	Santos gomes da cruz	01:06:00	Brazil	Female	65	W V60	11
69	Byambasuren	Tsevegdorj	01:08:00	Mongolia	Female	75	W V70	3