

| Men | Race 1 | Race 2 | Race 3 | Total |
|------------------------------|---------------|---------------|---------------|--------------|
| Bristol & West AC | 10 | 24 | 25 | 59 |
| Great Western Runners | 27 | 7 | 6 | 40 |
| Westbury Harriers | 10 | 5 | 3 | 18 |
| Team Bath | 3 | 3 | 3 | 9 |
| Vegan Runners | 0 | 0 | 3 | 3 |
| Yate & Sodbury Striders | 0 | 3 | 0 | 3 |
| Southville RC | 1 | 1 | 0 | 2 |
| | | | | |
| Women | | | | |
| Westbury Harriers | 15 | 11 | 12 | 38 |
| Great Western Runners | 17 | 6 | 12 | 35 |
| Bristol & West AC | 9 | 16 | 10 | 35 |
| Vegan Runners | 4 | 12 | 13 | 29 |
| Bitton Road Runners | 1 | 0 | 4 | 5 |
| Hereford & County | 0 | 4 | 0 | 4 |
| | | | | |