

Sri Chinmoy 5K Race

Battersea Park, London

15th September 2026

HASTY HARE 5K



SRI CHINMOY
MARATHON TEAM



Run to Become
www.runandbecome.com

WINNERS						
RANK	NAME	SURNAME	CLUB	M F	TIME	AGE
Men U/50						
1	Tom	O'Neill	Kent AC	Male	00:15:13	35
2	Ashley	Goncalves	Herne Hill Harriers	Male	00:15:18	31
3	Andy	Barnes	London Heathside	Male	00:15:39	43
4	Ronan	Deasy	Highgate Harriers	Male	00:15:40	27
5	Tom	Aldred	London Heathside	Male	00:15:41	47
6	Luke	Pattrick	Clapham Chasers	Male	00:15:44	27
7	Isaac	Edwards	London Heathside AC	Male	00:15:45	30
Women U/50						
1	Imy	Briscoe	Clapham Chasers	Female	00:17:00	31
2	Holly	Davies	Victoria Park & Tower Hamlets AC	Female	00:17:33	27
3	Francesca	Stocco	London Heathside	Female	00:17:56	31
4	Esther	Laffey	Wimbledon Windmilers	Female	00:18:06	25
5	Katrina	Kelly	Mornington Chasers	Female	00:18:14	29
6	Olivia	Johnson	Clapham Chasers	Female	00:18:29	28
7	Lola	Wheeler	Medway and Maidstone AC	Female	00:18:33	26
Men Vet 50						
1	Donal	Moran	Mornington Chasers	Male	00:16:40	52
2	Terry	Booth	Guildford & Godalming AC	Male	00:17:22	59
3	Richard Guy	Smith	Aldershot Farnham & District AC	Male	00:17:47	50
Women Vet 50						
1	Alice	Braham	Ealing Eagles Running Club	Female	00:17:09	50
2	Karima	Harris	Highgate Harriers	Female	00:17:58	56
3	Maria	Jovani	Thames Turbo Triathlon Club	Female	00:20:22	50
Men Vet 60						
1	Koji	Miyazaki	Aldershot & Farnham district AC	Male	00:18:22	65
2	Norman	Urquia	Herne Hill Harriers	Male	00:18:43	60
Women Vet 60						
1	Alice	Smith	South London harriers	Female	00:19:58	60
2	Katrin	Flikschuh	Victoria Park Harriers & Tower Hamlets	Female	00:21:21	65
Men Vet 70						
1	Martin	Milward	Fulham RC	Male	00:21:33	71
Women Vet 70						
1	Ros	Tabor	dulwich runners ac	Female	00:27:25	77
Men Under 16						
1	Noah	Liborg	Ealing Eagles Running Club	Male	00:18:07	13
2	James	Archer	South London harriers	Male	00:18:58	15
3	Louis	Turner	Ealing Eagles Running Club	Male	00:18:59	13
Women Under 16						
1	Isabella	Stanton	South London harriers	Female	00:18:44	13
2	Gabriella	Booth	South London harriers	Female	00:19:32	14
3	Isla	Errington	South London harriers	Female	00:20:07	13

ALL RESULTS BELOW

RESULTS									
RANK	NAME	SURNAME	CLUB	M F	TIME	CATEGORY	CAT. POS.	AGE	Race No
1	Tom	O'Neill	Kent AC	Male	00:15:13	M U/50	1	35	1336
2	Ashley	Goncalves	Herne Hill Harriers	Male	00:15:18	M U/50	2	31	1970
3	Andy	Barnes	London Heathside	Male	00:15:39	M U/50	3	43	1390
4	Ronan	Deasy	Highgate Harriers	Male	00:15:40	M U/50	4	27	1465
5	Tom	Aldred	London Heathside	Male	00:15:41	M U/50	5	47	1345
6	Luke	Pattrick	Clapham Chasers	Male	00:15:44	M U/50	6	27	1387
7	Isaac	Edwards	London Heathside AC	Male	00:15:45	M U/50	7	30	1380
8	Sam	Kelly	Highgate Harriers	Male	00:15:45	M U/50	8	30	1384
9	James	Vicente	Edmonton RC	Male	00:15:48	M U/50	9	24	1450
10	Cain	Christoforou	Clapam Chasers	Male	00:15:50	M U/50	10	32	1975
11	William	Ford	Guildford & Godalming AC	Male	00:15:51	M U/50	11	29	1973
12	Leo	Gebbie	Clapham Chasers	Male	00:15:51	M U/50	12	32	1400
13	Thanos	Mesochoritis		Male	00:16:05	M U/50	13	32	795
14	Ewan	Sone	South London harriers	Male	00:16:07	M U/50	14	17	1353
15	Dominic	Holloway-Barber	walton ac	Male	00:16:09	M U/50	15	30	1361
16	Chris	Milbourne	Clapham Chasers	Male	00:16:10	M U/50	16	32	1365
17	Henry	Ramsay	Highgate Harriers	Male	00:16:10	M U/50	17	28	1409
18	David	Adams	blackheath & bromley harriers ac	Male	00:16:11	M U/50	18	39	1430
19	Scott	Miller	Croydon Harriers	Male	00:16:12	M U/50	19	41	1405
20	Xilin	Jiang	Cambridge and Coleridge	Male	00:16:13	M U/50	20	31	1369
21	Robert	Duggleby	Queens Park Harriers	Male	00:16:13	M U/50	21	30	1397
22	Tom	Thornley	Holland Sports AC	Male	00:16:22	M U/50	22	30	1412
23	Kyle	Hurst	Cambridge Harriers	Male	00:16:22	M U/50	23	39	1375
24	Steve	Woolley	west 4 harriers	Male	00:16:25	M U/50	24	44	1374
25	Aidan	Byrne	Clapham Chasers RC	Male	00:16:25	M U/50	25	21	1913
26	Gareth	Hopkins	Ranelgh Harriers	Male	00:16:27	M U/50	26	44	1362
27	Sammy	Keenan	London Heathside	Male	00:16:30	M U/50	27	34	1376
28	Ed	Samuel	Ealing Eagles Running Club	Male	00:16:30	M U/50	28	33	1977
29	Adrian	Dixon	Clapham Chasers	Male	00:16:32	M U/50	29	31	1972

30	Tom	Shakhli	Dulwich runners	Male	00:16:35	M U/50	30	44	1427
31	Matthew	Trueman	dulwich runners ac	Male	00:16:38	M U/50	31	34	1455
32	Maxwell	Kirby	dulwich runners ac	Male	00:16:39	M U/50	32	29	1811
33	Benjamin	Carr	Garden city runners	Male	00:16:39	M U/50	33	32	1393
34	Donal	Moran	Mornington Chasers	Male	00:16:40	M V50	1	52	1888
35	Ben	Pickford	Clapham Chasers	Male	00:16:41	M U/50	34	30	1408
36	Nicholas	Ostrowski	kent ac	Male	00:16:45	M U/50	35	43	1844
37	George	Jackson	Herne Hill Harriers	Male	00:16:46	M U/50	36	35	1363
38	Kai	Horne		Male	00:16:47	M U/50	37	31	1382
39	Farris	Simpkins	Clapham Chasers	Male	00:16:47	M U/50	38	35	1448
40	Will	Gallimore	Clapham Chasers RC	Male	00:16:53	M U/50	39	41	2105
41	Barney	Johnson	Highgate Harriers	Male	00:16:53	M U/50	40	27	1351
42	Ross	Finlay	Oxford City AC	Male	00:16:54	M U/50	41	31	1428
43	Simon	Richardson	South London harriers	Male	00:16:55	M U/50	42	49	1445
44	Rimas	Grigenas		Male	00:16:55	M U/50	43	47	1483
45	Tom	Davies	hercules wimbledon ac	Male	00:16:55	M U/50	44	19	535
46	Nick	Green		Male	00:16:57	M U/50	45	44	1435
47	Peter	Lighting	kent ac	Male	00:16:57	M U/50	46	45	1937
48	Mark	Quartley	Crystal Palace Fun Runners	Male	00:16:59	M U/50	47	41	1444
49	Imy	Briscoe	Clapham Chasers	Female	00:17:00	W U/50	1	31	1493
50	Chris	Burt	Reading Roadrunners	Male	00:17:03	M U/50	48	41	1454
51	William	Shippin	Redway Runners	Male	00:17:07	M U/50	49	40	1900
52	Alice	Braham	Ealing Eagles Running Club	Female	00:17:09	W V50	1	50	1870
53	George	Allen	Southwark Athletics Club	Male	00:17:10	M U/50	50	32	1856
54	Zach	Nolan	Belgrave Harriers	Male	00:17:10	M U/50	51	30	1843
55	Andrew	Stockley	Clapham Chasers	Male	00:17:11	M U/50	52	43	1947
56	Ashley	Broom	Fulham Running Club	Male	00:17:12	M U/50	53	38	1460
57	Young	Kim	Highgate Harriers	Male	00:17:13	M U/50	54	35	1479
58	Ben	Stanton	Reigate Priory Athletic Club	Male	00:17:14	M U/50	55	38	1974
59	Joe	Young	Brighton Phoenix	Male	00:17:16	M U/50	56	33	1473
60	Aaron	Motrell	South London harriers	Male	00:17:16	M U/50	57	16	796
61	Niall	Simmonds	Oxford AC	Male	00:17:21	M U/50	58	27	1481
62	Terry	Booth	Guildford & Godalming AC	Male	00:17:22	M V50	2	59	1464
63	Harry	Lewis	Guildford & Godalming	Male	00:17:23	M U/50	59	30	1457
64	Ewan	Maynard	Serpentine Rc	Male	00:17:26	M U/50	60	33	1938
65	Thomas	Dilley		Male	00:17:27	M U/50	61	42	1332
66	Gavin	Brandie	Clapham Chasers	Male	00:17:30	M U/50	62	48	1978
67	Martin	Bell	Clapham Chasers RC	Male	00:17:31	M U/50	63	38	778
68	Holly	Davies	Victoria Park & Tower Hamlets AC	Female	00:17:33	W U/50	2	27	504
69	Christopher	Hutchinson	Western Tempo	Male	00:17:34	M U/50	64	34	1429
70	Carl	Hamill	Clapham Chasers RC	Male	00:17:36	M U/50	65	39	1976
71	James	Brown	Herne Hill Harriers	Male	00:17:36	M U/50	66	27	1494
72	Nick	Hodges-Gibson	London Heathside	Male	00:17:39	M U/50	67	38	1916
73	Stewart	Stanton	Ranelagh Harriers	Male	00:17:40	M U/50	68	34	1893
74	Tim	Draper	Hart road runners	Male	00:17:42	M U/50	69	34	1499
75	Robbie	Cox	Woking AC	Male	00:17:44	M U/50	70	44	1497
76	Stephen	Crowther	Fulham Running Club	Male	00:17:44	M U/50	71	30	1925
77	Frank	Boyce	London Heahside	Male	00:17:44	M U/50	72	33	592
78	David	Hooton	Clapham Chasers	Male	00:17:46	M U/50	73	28	1882
79	Richard Guy	Smith	Aldershot Farnham & District AC	Male	00:17:47	M V50	3	50	1912
80	Nathan	Holmes	Victoria park harriers	Male	00:17:48	M U/50	74	38	1911
81	Daniel	Chatfield	Hart road runners	Male	00:17:51	M U/50	75	49	1924
82	Mathew	Jones	London Heathside	Male	00:17:54	M U/50	76	36	1903
83	Cian	O'Mara	Herne Hill Harriers	Male	00:17:54	M U/50	77	29	1862
84	Rory	Turkmen Smith	Clapham Chasers	Male	00:17:55	M U/50	78	29	1979
85	Francesca	Stocco	London Heathside	Female	00:17:56	W U/50	3	31	1946
86	Zachary	Love	Fulham	Male	00:17:56	M U/50	79	30	510
87	Karima	Harris	Highgate Harriers	Female	00:17:58	W V50	2	56	1898
88	Pep	Pamies	London Heathside	Male	00:18:04	M V50	4	50	1775
89	Vikram	Makkar	South London harriers	Male	00:18:05	M V50	5	50	1904
90	Lee	Savage	Reigate Priory Athletic Club	Male	00:18:05	M U/50	80	47	1907
91	Esther	Laffey	Wimbledon Windmilers	Female	00:18:06	W U/50	4	25	1960
92	Sam	Hawthorn	the stragglers rc	Male	00:18:07	M U/50	81	33	1859
93	Noah	Liborg	Ealing Eagles Running Club	Male	00:18:07	M U/16	1	13	1936
94	Darren	Atkins	Aldershot & Farnham district	Male	00:18:08	M V50	6	58	1865
95	Simon	Sheppard	Clapham Chasers	Male	00:18:10	M U/50	82	27	1956
96	Daniel	Gillett	South London harriers	Male	00:18:11	M V50	7	56	1879
97	Stephen	Peng	Clapham Chasers	Male	00:18:13	M U/50	83	35	1853
98	Richard	Butler	Fulham Running Club	Male	00:18:14	M U/50	84	35	1921
99	Katrina	Kelly	Mornington Chasers	Female	00:18:14	W U/50	5	29	1933
100	Charles	Jans		Male	00:18:14	M U/50	85	47	1932
101	Patrick	Tierney	SSVRC	Male	00:18:16	M U/50	86	49	818
102	Thomas	Mcquade	Croydon Harriers	Male	00:18:17	M U/50	87	36	1841
103	Charlie	Finch	Swiftly Mondays	Male	00:18:17	M U/50	88	47	790
104	Henry	Hunt		Male	00:18:18	M U/50	89	32	1930
105	Sidney	Driscoll	Clapham Chasers	Male	00:18:18	M U/50	90	28	1902
106	Pedro Henrique	Pinto	Herne Hill Harriers	Male	00:18:21	M U/50	91	35	1851
107	Koji	Miyazaki	Aldershot & Farnham district AC	Male	00:18:22	M V60	1	65	1915
108	Joram	Keijser	Clapham Chasers	Male	00:18:24	M U/50	92	36	508
109	Ian	Wang	Southwark Athletics Club	Male	00:18:25	M U/50	93	27	648
110	Henry	Elburn		Male	00:18:28	M U/50	94	32	1456
111	Edward	Stephenson		Male	00:18:28	M U/50	95	26	559
112	Olivia	Johnson	Clapham Chasers	Female	00:18:29	W U/50	6	28	1965
113	Cem	Stubbs	Eton Manor	Male	00:18:30	M U/50	96	33	1949
114	Tommaso	Bendonl	Herne Hill Harriers	Male	00:18:32	M U/50	97	34	1488
115	Lola	Wheeler	Medway and Maidstone AC	Female	00:18:33	W U/50	7	26	1957
116	Maciej	Sochacki		Male	00:18:33	M U/50	98	43	532
117	Andrew	Bye		Male	00:18:33	M U/50	99	46	502

118	Eugene	Cross	Dulwich Runners A.C	Male	00:18:35	M U/50	100	45	1852
119	Holly	Wilkinson	Ealing Eagles Running Club	Female	00:18:37	W U/50	8	46	1966
120	Alex	Strange	fleet & crookham ac	Male	00:18:38	M U/50	101	38	1948
121	Joe	Ansley	London Heathside	Male	00:18:40	M U/50	102	28	615
122	Jim	Laidlaw	Aldershot & Farnham district	Male	00:18:41	M U/50	103	48	1967
123	Paul	Fanti	Sevenoaks AC	Male	00:18:42	M V50	8	53	1500
124	Alexander	Janiaud	Belgrave Harriers	Male	00:18:42	M U/50	104	33	1437
125	Norman	Urquia	Herne Hill Harriers	Male	00:18:43	M V60	2	60	1952
126	Isabella	Stanton	South London harriers	Female	00:18:44	W U/16	1	13	714
127	Hadi	Khatamizadeh	Ranelagh Harriers	Male	00:18:44	M U/50	105	48	561
128	Niki	Densley	Camberley & District	Female	00:18:45	W U/50	9	47	1959
129	Alex	Robbins	kent ac	Male	00:18:45	M V50	9	51	525
130	Caitlin	Millar	fleet & crookham ac	Female	00:18:47	W U/50	10	34	1962
131	Katherine	Stacey		Female	00:18:49	W U/50	11	41	553
132	Henry	Brown		Male	00:18:49	M U/50	106	30	529
133	Helena	Flippance	London Heathside	Female	00:18:51	W U/50	12	32	542
134	Mark	Fuller	South London harriers	Male	00:18:51	M U/50	107	33	523
135	Erik	Schrijnemaekers	Striders of Croydon	Male	00:18:52	M U/50	108	46	1943
136	Josie	Hinton	London Heathside	Female	00:18:55	W U/50	13	41	1929
137	Adam	Botkai	London Heathside	Male	00:18:55	M U/50	109	28	812
138	Vishal	Dixit	Watford Joggers	Male	00:18:58	M U/50	110	42	1396
139	Trevor	Ingram	Fulham Running Club	Male	00:18:58	M U/50	111	49	620
140	James	Archer	South London harriers	Male	00:18:58	M U/16	2	15	537
141	Louis	Turner	Ealing Eagles Running Club	Male	00:18:59	M U/16	3	13	1980
142	James	Screen	Southwark Athletics Club	Male	00:18:59	M U/50	112	42	526
143	Kris	Milovsorov	London Heathside	Male	00:19:00	M U/50	113	39	562
144	Nicola	Archer	South London harriers	Female	00:19:01	W U/50	14	46	1917
145	Gabriel	Sterne	Wimbledon Windmilers	Male	00:19:01	M V60	3	60	527
146	Gregg	Christy	Clapham Chasers	Male	00:19:02	M U/50	114	31	1873
147	Jack	Reeves		Male	00:19:02	M U/50	115	32	514
148	Oliver	Jamieson	Victoria Park Harriers & Tower Hamlets	Male	00:19:04	M U/50	116	44	548
149	Thomas	Gillespie	Striders of Croydon	Male	00:19:05	M V50	10	57	645
150	Lina	Ambruleviciute	Serpentine Running and Athletics Club	Female	00:19:05	W U/50	15	37	640
151	James	Hirst	Victoria Park Harriers & Tower Hamlets	Male	00:19:06	M U/50	117	37	1824
152	Grace	Inglelew	Dulwich runners	Female	00:19:06	W U/50	16	26	506
153	Russell	Pearson	Clapham Chasers	Male	00:19:08	M U/50	118	45	630
154	Alice	Cheng	Guildford & Godalming AC	Female	00:19:08	W U/50	17	31	782
155	David	O'Brien	Clapham Chasers	Male	00:19:09	M U/50	119	34	1941
156	Dustin	Daniel	Queens Park Harriers	Male	00:19:11	M U/50	120	47	785
157	Daniel	Crossley	South London harriers	Male	00:19:11	M U/50	121	45	560
158	Benjamin	Thompson	Cambridge Harriers	Male	00:19:11	M U/50	122	45	557
159	James	Hamilton	Hercules Wimbledon	Male	00:19:12	M V50	11	52	1964
160	Barnaby	Greenish		Male	00:19:14	M U/50	123	34	1849
161	Aoife	Hegarty	Clapham Chasers	Female	00:19:14	W U/50	18	42	811
162	Cecily	King	Clapham Chasers	Female	00:19:14	W U/50	19	27	623
163	Fraser	Brough	Sutton & District AC	Male	00:19:15	M U/50	124	49	779
164	Stephen	Topp	London Heathside	Male	00:19:15	M U/50	125	49	558
165	Vicki	Falck	Clapham Chasers	Female	00:19:17	W U/50	20	29	612
166	Rob	Jones	SHAFF Shifters RC	Male	00:19:17	M V50	12	54	530
167	Tadhg	Adams		Male	00:19:20	M U/50	126	28	528
168	Natasha	Sheel	Serpentine Running and Athletics Club	Female	00:19:21	W U/50	21	38	1944
169	Caitlin	Eckley	Clapham Chasers	Female	00:19:21	W U/50	22	26	593
170	Ted	Englefield	South London Harries	Male	00:19:21	M U/16	4	14	787
171	Mat	Barber	Southwark Athletics Club	Male	00:19:21	M U/50	127	49	578
172	Abigail	Curtis	Aldershot Farnham & District AC	Female	00:19:22	W U/50	23	37	1901
173	Gavin	Englefield	South London harriers	Male	00:19:23	M U/50	128	49	505
174	Samuel	Taylor	kent ac	Male	00:19:25	M U/50	129	42	1895
175	Isobel	Smith	London Heathside	Female	00:19:26	W U/50	24	29	678
176	Lizzi	Pitt	Clapham Chasers	Female	00:19:27	W U/50	25	32	589
177	James	Brisbourne	Clapham Chasers	Male	00:19:32	M U/50	130	27	1919
178	Mark	Jefford	London Heathside	Male	00:19:32	M V60	4	61	549
179	Gabriella	Booth	South London harriers	Female	00:19:32	W U/16	2	14	521
180	Louise	Wilson	Fulham RC	Female	00:19:33	W U/50	26	30	663
181	David	Boot	west 4 harriers	Male	00:19:35	M U/50	131	43	563
182	Yee Fai Valerie	Wong	Victoria Park Harriers and Tower Hamlets	Female	00:19:36	W U/50	27	41	1909
183	Diego	Fayos	Southwark AC	Male	00:19:39	M V50	13	52	613
184	Josef Marek	Freedman	Striders of Croydon	Male	00:19:42	M U/50	132	35	543
185	Emily	Gow	Datchet Dashers	Female	00:19:43	W U/50	28	31	545
186	Joseph	Kalman-Frasca	Ealing Eagles Running Club	Male	00:19:44	M U/16	5	13	1899
187	Oliver	Murray	London Heathside Running Club	Male	00:19:44	M V50	14	57	598
188	Chris	Notton	Serpentine	Male	00:19:45	M V50	15	51	1968
189	Jodie	Pearlman	Mornington Chasers	Female	00:19:50	W U/50	29	29	808
190	Hannah	English	Herne Hill Harriers	Female	00:19:51	W U/50	30	36	582
191	Tom	Englefield	South London harriers	Male	00:19:54	M U/50	133		1809
192	Ella	Barker	Clapham Chasers	Female	00:19:56	W U/50	31	23	605
193	Paul	Mercer	London Hathside	Male	00:19:57	M V50	16	52	520
194	Christian	Nielsen	Thames Valley Harriers	Male	00:19:58	M V50	17	51	1940
195	Alice	Smith	South London harriers	Female	00:19:58	W V60	1	60	647
196	Colin	Timmins	Tunbridge Wells Harriers	Male	00:19:58	M V60	5	61	634
197	Tim	Lawlor	Striders of Croydon	Male	00:20:03	M U/50	134	48	551
198	Isla	Errington	South London harriers	Female	00:20:07	W U/16	3	13	570
199	Allan	Cox	Clapham Chasers	Male	00:20:11	M U/50	135	49	667
200	Alexander	Lubbock		Male	00:20:17	M U/50	136	31	587
201	Matthew	Johns		Male	00:20:22	M U/50	137	30	1812
202	Maria	Jovani	Thames Turbo Triathlon Club	Female	00:20:22	W V50	3	50	654
203	Ellie	Archer	South London harriers	Female	00:20:23	W U/16	4	15	536
204	Matthew	Carey	Clapham Chasers	Male	00:20:24	M U/50	138	48	607
205	Imogen	Sone	South London harriers	Female	00:20:25	W U/16	5	12	697

206	John F	O'Mahony	Striders of Croydon	Male	00:20:27	M U/50	139	48	660
207	Antoine	Beck	London City Runners	Male	00:20:32	M U/50	140	41	641
208	Sebastian	Hubbard	Southwark Athletics Club	Male	00:20:34	M U/50	141	36	595
209	Alana	Smith	South London harriers	Female	00:20:34	W U/50	32	34	685
210	Paul	Brandreth	Ravens City of London Running Club	Male	00:20:37	M V50	18	51	579
211	Niamh	Vincent	Striders of Croydon	Female	00:20:40	W U/50	33	42	635
212	Rebecca LC	Taylor	London Heathside AC	Female	00:20:43	W V50	4	52	599
213	Ella	Inwald	London Heathside	Female	00:20:44	W U/50	34	27	794
214	Pui	Lj	South London harriers	Male	00:20:46	M U/50	142	48	815
215	Laura	Errington	South London harriers	Female	00:20:46	W U/50	35	48	686
216	Nigel	Cutts	Clapham Chasers	Male	00:20:48	M U/50	143	48	566
217	Anna	Whaley		Female	00:20:50	W U/50	36	29	810
218	Alan	Grant	Clapham Chasers	Male	00:20:51	M V50	19	59	616
219	Peter	Brown	South London harriers	Male	00:20:56	M V60	6	69	694
220	Darcey-Mae	Booth	SOUTH LONDON HARRERS	Female	00:20:59	W U/50	37	16	606
221	Juliette	Westbrook	Mornington Chasers	Female	00:21:00	W U/50	38	29	637
222	Robert	Laing	South London harriers	Male	00:21:00	M U/50	144	48	652
223	Nicholas	Jarrett	SLH	Male	00:21:03	M V50	20	55	683
224	Louise	Coombes	Herne Hill Harriers	Female	00:21:08	W U/50	39	28	600
225	Steph	Murphy	Clapham Chasers	Female	00:21:09	W U/50	40	30	816
226	Marcus	Lloyd	London Heathside	Male	00:21:10	M V60	7	61	691
227	Hannah	Davies	Hercules Wimbledon	Female	00:21:10	W U/50	41	33	719
228	Dmitri	Kullman	Serpentine Rc	Male	00:21:12	M V60	8	67	731
229	Alex	Jeffreys	Serpentine Rc	Male	00:21:16	M V50	21	52	621
230	Lauren	Eckley	Clapham Chasers	Female	00:21:19	W U/50	42	28	644
231	Katrin	Flikschuh	Victoria Park Harriers & Tower Hamlets	Female	00:21:21	W V60	2	65	650
232	Jillian	Holford	Tunbridge Wells Harriers	Female	00:21:25	W V50	5	55	618
233	Tanya	Addison	London Heathside	Female	00:21:26	W V50	6	55	689
234	James	Twist	Fulham Running Club	Male	00:21:27	M V60	9	66	710
235	Katherine	Elmore-Jones	Fulham Running Club	Female	00:21:28	W U/50	43	49	668
236	Amber	Brough-Nuesink	Epsom & Ewell Harriers	Female	00:21:31	W U/50	44	49	781
237	Martin	Milward	Fulham RC	Male	00:21:33	M V70	1	71	626
238	Simon	Hardy	Serpentine Rc	Male	00:21:35	M V60	10	64	792
239	Richard	Stokes	Beckenham Running Club	Male	00:21:40	M V50	22	56	679
240	Mark	Kell	Serpentine	Male	00:21:45	M U/50	145	45	622
241	Kate	Carter	Wimbledon Windmilers	Female	00:21:47	W U/50	45	49	573
242	Gary	Hobbs	Ealing Eagles Running Club	Male	00:22:00	M V50	23	56	695
243	Chloe	Gilbert	Clapham Chasers	Female	00:22:04	W U/50	46	30	791
244	Phoebe	Hutchins	Clapham Chasers	Female	00:22:17	W U/50	47	29	670
245	Jess	Diges	South London harriers	Female	00:22:19	W U/50	48	27	715
246	Abigail	Perry	Serpentine	Female	00:22:24	W U/50	49	29	674
247	Kitty	Taylor	Lewes AC	Female	00:22:28	W U/50	50	32	732
248	Emily	Riddell	Clapham Chasers	Female	00:22:39	W U/50	51	30	735
249	Graham	Maynard	Cambridge Harriers	Male	00:22:40	M V60	11	63	728
250	Chris	Dunhill	South London harriers	Male	00:22:43	M V50	24	52	611
251	Malgorzata	Kucharska	Ealing Eagles Running Club	Female	00:22:45	W V50	7	51	692
252	Rebecca	Richardson	Victoria Park Harriers and Tower Ham	Female	00:22:45	W U/50	52	33	707
253	Katie	Style		Female	00:22:46	W U/50	53	25	698
254	Oscar	Poole	Ealing Eagles Running Club	Male	00:22:49	M U/16	6	13	675
255	Shun-Lai	Chan	South London harriers	Female	00:22:51	W V50	8	57	722
256	Yanakan	Logeswaran		Female	00:23:00	W U/50	54	30	720
257	Simon	Reid	City of Sheffield & Dearne AC	Male	00:23:03	M U/50	146	47	631
258	Yan	Lj	Mornington Chasers	Male	00:23:12	M V50	25	56	734
259	Luke	Thomas	Clapham Chasers	Male	00:23:20	M U/50	147	29	1415
260	Jenny	Finch	Clapham Chasers	Female	00:23:20	W U/50	55	28	614
261	John	Fassnidge	Serpentine Running and Triathlon~+Cl	Male	00:23:24	M V70	2	74	740
262	Tamara	Maggs	Clapham Chasers RC	Female	00:23:28	W U/50	56	29	693
263	Grace	Sone	South London harriers	Female	00:23:35	W U/16	6	15	717
264	Hannah	Lacey		Female	00:23:45	W U/50	57	37	712
265	Deborah	Etheredge		Female	00:23:49	W U/50	58	24	814
266	Katie	Cassie	Fulham Running Club	Female	00:23:51	W U/50	59	33	739
267	Clifford	Gray	Tunbridge Wells Harriers	Male	00:24:00	M V60	12	61	546
268	Neil	Colquhoun	London Frontrunners	Male	00:24:03	M U/50	148	49	725
269	Anna	Trihan	VICTORIA PARK HARRIERS & TOWER H	Female	00:24:32	W U/50	60	43	709
270	Geoff	Hurrell	Tunbridge Wells Harriers	Male	00:24:36	M V60	13	63	741
271	Alex	Hurrell	Clapham Chasers	Male	00:25:36	M U/50	149	32	1486
272	Adrian	Hunt	Thames Hare and Hounds	Male	00:25:36	M V60	14	63	813
273	Maria	Gabriel	Striders of Croydon	Female	00:25:46	W V60	3	60	727
274	Brittany	Ritter	Fulham Run Club	Female	00:25:56	W U/50	61	43	746
275	Lorna	John	Clapham Chasers	Female	00:26:00	W U/50	62	47	758
276	Caroline	Fitzgerald	Serpentine Running and Triathlon~+Cl	Female	00:26:10	W U/50	63	45	730
277	Simon	Lawson	Serpentine	Male	00:26:25	M V50	26	59	754
278	India	Pover		Female	00:26:39	W U/50	64	26	744
279	Joel	Stubbs	Clapham Chasers	Male	00:26:53	M U/50	150	43	749
280	Harri	Allen	Ealing Eagles Running Club	Female	00:26:55	W U/50	65	38	777
281	Alex	Harrison	Ealing Eagles Running Club	Male	00:26:55	M U/50	151	37	1485
282	Ian	McCarthy	Cambridge Harriers	Male	00:27:00	M V70	3	70	809
283	Ros	Tabor	dulwich runners ac	Female	00:27:25	W V70	1	77	770
284	Michael	Bryson		Male	00:27:32	M V60	15	65	763
285	Paul	Kromm	Tunbridge Wells Harriers	Male	00:27:48	M V70	4	71	764
286	Steve	McElwee		Male	00:28:35	M V50	27	58	761
287	Camilla	Allwood	Serpentine Triathlon & Running Club	Female	00:29:19	W V60	4	67	765
288	Sarah	Cooke		Female	00:29:48	W V50	9	54	767
289	Karen	Chart	collingwood ac	Female	00:30:32	W V50	10	52	766
290	Charlotte	Robinson		Female	00:31:08	W U/50	66	35	773
291	John	Grigg	Fulham Running Club	Male	00:32:55	M V70	5	72	768
292	Joanna	Delaney		Female	00:33:25	W U/50	67	33	817
293	Ruth	Corbett	Serpentine Rc	Female	00:37:50	W V50	11	50	775